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Atleo to lead Assembly of First Nations

FocusOn FirstNations

EIGHTH BALLOT After a long fought battle, Shawn Atleo was elected National Chief of the Assembly of First Nations.

The battle between Atleo and Perry Bellegarde went to an eighth ballot Thursday morning, where Atleo ended up with 58 per cent of the vote. After that Bellegarde conceded his bid.

"It's been just a tremendous privilege to be part of this process," said Atleo.

Much of the night had seen a deadlock between the two candidates.

Atleo said there are challenges to be dealt with including health, poverty, education and unity.

METRO CANADA
MORE COVERAGE, PAGE 4

FocusOn FirstNations

Metro Canada continues its focus on First Nations and Aboriginal news, community issues, arts and culture as part of a special series.

- Today
- Christine Williams, below, analyzes the issues Shawn Atleo must address as new AFN leader, page 4
- Canice Leung on 'Canada's collective shame,' page 10



On the web

Stay informed:
Go to metronews.ca for your weekend news updates.

Carnivale



Snake handlers Thomas Finn, left, and Michael Morelia show off an albino Burmese python at the opening night of Carnivale Lune Bleue at Hog's Back Park Thursday. The 70-pound, 12-foot-long constrictor appears as the highlight of the Great Snakes of the World show.

All the charms

Family charged in four Kingston canal deaths

Trio face 4 counts of first-degree murder, conspiracy to murder

After the tragedy, the mother and father wept, while the eldest son lashed out in anger, each calling it an accident, a rebellious teenager's joyride gone terribly wrong.

Yesterday, as they filed, handcuffed, one by one, into the prisoners' box, prosecutors offered a much darker explanation, calling it murder.

Authorities are exploring the possibility the deaths of three sisters and another woman, found dead in their car in the Rideau Canal in

Kingston, were an "honour" killing, a crime typically committed by males against female relatives perceived to have brought shame upon the family.

Father, Mohammad Shafia, 56, wearing a shy smile; mother, Tooba Mohammad Yahya, 39, dabbing her eyes with a tissue; and son, Hamed Mohammad Shafia, with an icy stare, were all charged with four counts of first-degree murder and conspiracy to commit murder.

They did not enter a

Suspects

- The charges indicate investigators believe the plans to commit the alleged murders began as early as May.
- The suspects' legal counsel said their clients are staggered by the charges.

plea, and were remanded into custody.

The Shafia sisters — Zainab, 19, Sahar, 17 and Geeti, 13 — died along with another woman, Rona Amir Mohammed, 50, on June 30.

Their car, a Nissan Sentra, was found underwater near the Kingston Mills locks. The family was returning from a trip to Niagara Falls when they stopped for the night at a motel in Kingston.

After the incident, family members told media that Rona Amir Mohammed was the father's cousin. Police say she is, in fact, Shafia's first wife. **TORSTAR NEWS SERVICE**

ShareYourViews

ottawaletters@metronews.ca

80-year-old city woman with flu dies

Flu Outbreak

HEALTH A second Ottawa resident has died in relation to the H1N1 virus.

A woman in her 80s died in hospital Wednesday, said Ottawa's Associate Medical Officer of Health.

Both the woman, and the teen who died last month, had underlying medical conditions, Dr. Vera Etches said Thursday. Another woman from outside Ottawa also died in hospital here.

In the last week, Ottawa had six new lab-confirmed cases of influenza A (H1N1), also known as swine flu, bringing the total to 356 cases, said Etches.

While the ages of patients range from less than a year old to 84 years old, half of those affected are children and teens, Etches said.

There have been 62 people hospitalized with H1N1 in Ottawa, half of which are under the age of 18.

There are currently three people in hospital, Etches said.

While the first cases reported in Ottawa occurred in patients who had travelled recently, the cases reported now are spread person-to-person within the city. Less than one per cent of people in Ontario who have been linked with the virus had been travelling, said associate medical officer of health Dr. Nadine Sicard.

Still in the developmental stages, the vaccine for H1N1 will be a separate vaccine from the seasonal flu vaccine, Sicard said.

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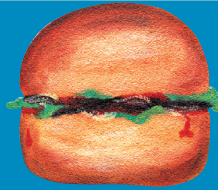
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Local



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Support a charity barbecue — without the fat. As part of its Summer Surge fundraising campaign, the Canadian Diabetes Association in Ottawa is selling virtual hamburgers until Aug. 14. Funds raised will support diabetes research and local programs like a two-week summer camp for kids with Type 1 diabetes. To buy a virtual burger visit summersurge.ca. **METRO OTTAWA**

Mock disaster helps rescue units prepare

Exercise involves more than 100 responders

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

Earlier this week, Ron Jenkins, a leader with the Toronto to Heavy Urban Search and Rescue (HUSAR) team received an emergency call that hundreds of people were trapped in the rubble of the former Laurentian High School building on Baseline Road after it collapsed from a strong aftershock.

The building was serving as an evacuation centre from a major Ottawa earthquake.

That was the scenario as more than 100 emergency responders from Ottawa's Urban Search and Rescue

"All the hazards are the same you'd see at a real incident."

Doug Silver, CTF-3

Unit, Toronto's Heavy Urban Search and Rescue Unit (Canada Task Force-3) and the provincial emergency response team came together for the mock disaster exercise taking place this week in Ottawa.

Crews from around the province spent the week combing through rubble brought into the old school building to create realistic disaster conditions.

A planning manager for Canada Task Force-3, Doug Silver said the mock disaster

is intended to verify the training that search and rescue teams undergo year round.

"The concrete is real. We use rescue mannequins made out of rope, because they are the toughest ones we can find and we bury them under the concrete," he said. "All the hazards are the same you'd see at a real incident."

In a real-life disaster, Ottawa's USAR team would be the first responders to the scene followed by the activation of Canada Task Force-3 and PERT.

Silver said the team would come equipped with doctors, dogs and full supplies to be entirely self-sustaining.

News in brief

ASSAULT Ottawa police are looking to speak with a couple of young men who may have witnessed an assault on a 27-year-old woman on a pathway near Centrepointh Drive on Wednesday night.

DEATH Ottawa police are investigating a suspicious death after a woman was found dead in a vehicle Wednesday night.

METRO OTTAWA

Ottawans helping to grow Turkish festival

TRACEY TONG
tracey.tong@metronews.ca

CULTURE Ottawa residents are so open to different cultures that it's no surprise cultural festivals flourish here, said the director of the Canadian Turkish Heritage Foundation.

When it started three years ago, the foundation's Ottawa Turkish Festival was a one-day affair. In its third year, the festival has grown to three days, and is expected to attract 15,000 people to Confederation Park this weekend, said Kerim Khan.

Not bad, considering that

Statistics Canada reported only 2,600 Turkish-Canadians living in Ottawa-Gatineau in 2006, Khan said.

"The Turkish population here is small, but we have great community support," said Khan. "People in Ottawa want to try new things all the time."

People come for the food — Turkey is famous for its baklava, donairs and kabobs, Khan said — the arts, cultural displays and the performances. The Whirling Dervishes are back this year.

The festival opens Friday afternoon and runs through Sunday. Admission is free.

Parliament Hill Seal protest



Local protestors joined PETA members, dressed as Grim Reapers, in front of Parliament Hill Thursday to protest Canada's annual seal slaughter. "I'm hoping the government will ban the commercial seal hunt," said Ottawa resident David Beltran, who attended to show his support.

Cops seek second suspect in assault

CRIME The Ottawa police guns and gangs unit is seeking the public's assistance in locating an Ottawa woman wanted in connection with an assault and numerous weapons offences.

Police said that on June 28, a woman was assaulted at her residence.

Police arrested Sterwine Lendoye, 26, of Ottawa on July 9. He is facing several charges including assault with a weapon.

Police are seeking Crystal Duncan, 23, of Ottawa.

TRACEY TONG/METRO OTTAWA

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What's online today.

Blogs Past the halfway mark, The 100-Day Raw Food Challenge experiments with mushroom burgers
Video Cirque de Soleil founder promises not to be a burden on the crew when he becomes Canada's first space tourist at metronews.ca/canada



Lotteries

Ontario Pick 3: 6 4 4; Ontario Pick 4: 7 5 2 7

Encore: 7662627

Daily Keno: 4, 6, 12, 13, 14, 20, 22, 26, 31, 33,

35, 42, 43, 44, 47, 51, 54, 56, 58, 69.

Payday: 48, 49, 60 & 66.

These results are not official.

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Canada



Man recounts torture claims

A Montreal man who spent almost six years stranded in Sudan recounted his claims of torture by officials while in the country, and accused Canadian intelligence agents of harassing his family for months before he arrived there, CBC News Online reports. In a news conference in Ottawa on Thursday, Abousfian Abdelrazik also said two CSIS agents came to Sudan in 2003 and interrogated him for two days. **METRO NEWS SERVICES**

Relations must start with mutual respect

New chief inherits issues of poverty, land claims

Christine Williams



News Analysis

Focus On First Nations

Ending a nine-year leadership, departing Assembly of First Nations head Phil Fontaine instructed his successor to eradicate First Nations poverty as a top priority.

But now that Shawn Atleo has taken over the reins, the hostilities between Aboriginals and mainstream Canada over some 900 outstanding land claims should be an equal priority.

The ostrich syndrome has historically plagued Ottawa when it comes to dealing with native issues. The 42-year old Atleo, who defeated Perry Bellegarde, believes both the federal and provincial governments "continue to operate from a position of non-recognition," according to his platform communiqué.

The latest confrontation between the Canadian Bor-

der Services agency and the Mohawk Council of Akwesasne at the Eastern Ontario border crossing highlights the urgency for government to end the foot dragging. Mohawk warriors burned bonfires around the CBSA compound. They wore intimidating camouflage and had a bulldozer on hand, ready to swarm in and disarm the officers if the CBSA proceeded with the arming of its officers.

It was a travesty for federal border agents to be chased out of office by such lawlessness. The Canadian public is tired of: The invariable spectre of violence in tense standoffs, blockades, cars set ablaze and looming threats, all driven on by rogue Aboriginal activists, not necessarily supported by their own communities.

No one wants violence or another Ipperwash. Governments are our elected representatives, obligated to control civic unrest for the safety of its citizens.

A solution demands

that we must start from a position of mutual respect, and Chief Atleo has his work cut out for him as the new leader of the Assembly of First Nations.

As a businessman, and chancellor of Vancouver Island University, he has touted himself as a bridge builder, regional politician and champion of unity.

He has warned that "division is the enemy of our people and the one weapon that can cast a fatal blow."

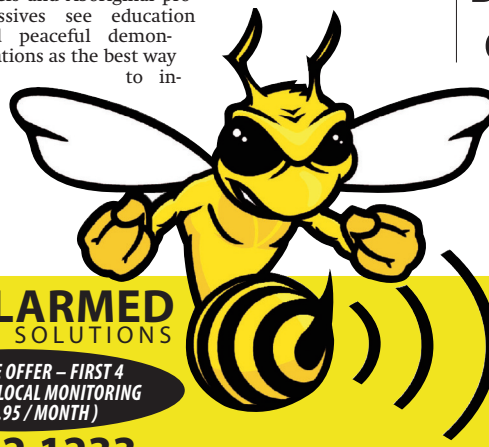
The majority of AFN chiefs and Aboriginal progressives see education and peaceful demonstrations as the best way to in-

form mainstream Canada of the plight of First Nation peoples.

Beyond this, both the federal and provincial jurisdictions need to sit down at the negotiating table with Aboriginal leaders.

Dragging heels on the issue is objectionable given the heightened frustrations on both sides. The only other option is to await bloodshed.

Christine Williams is the producer and host of the live current affairs daily talk show On the Line at CTS TV in Burlington, Ont.



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Vancouver Rescuers working



Members of a fire rescue team descend from the top of the Lions Gate suspension bridge in Vancouver Thursday during a training session. The bridge is considered by many in the area to be a magnet for suicides.

B.C. adopts Taser guides after inquiry

JEFF HODSON
Metro Canada

BRAIDWOOD B.C. is adopting strict new guidelines on the use of stun guns, like the Taser, stemming from the 2007 death of a Polish immigrant at Vancouver's airport, the province's solicitor general said Thursday.

The new rules mean an officer can only discharge a conducted energy weapon if there is a danger of bodily harm and all lesser force options have been exhausted.

The rules are based on 19 recommendations issued by retired judge Thomas Braidwood, who was tasked with examining the weapon and its use by municipal forces.

The commission was launched following the death of Robert Dziekanski, who died after being Tasered multiple times.

Despite its risk and calls by some for a moratorium on its use, Braidwood found the Taser a useful tool, as its mere presence could defuse potentially dangerous situations.

"On balance, I am satisfied that our society is better off with these weapons

New rules

- The new rules raise the threat threshold from "active resistance" to fear of bodily harm and can only be used when an officer is enforcing a criminal law, and not a bylaw like transit fare evasion.
- All police officers who carry a conducted energy weapon must also have ready access to a defibrillator.
- All conducted energy weapons must be tested regularly.

in use, than without them."

The province has adopted all of Braidwood's recommendations, said Solicitor General Kash Heed. The new rules apply to municipal police officers, sheriffs and RCMP.

"I expect every police officer operating in British Columbia to follow my directive and the recommendations that we are implementing — regardless of the colour of their uniform," Heed said.

Braidwood's recommendations had excluded the RCMP — which police 70 per cent of the province's population — because they are a federal organization, not provincial. It was a fact Braidwood found ironic given that it was RCMP who confronted Dziekanski with a Taser at Vancouver's airport.

Grits, Tories begin EI talks

POLITICS Liberal Leader Michael Ignatieff has doubts about the Conservative government's commitment to employment-insurance reform — the basis of the deal forged to avoid an election last month and the potential spark for campaign this fall if the two sides don't make a deal.

The first meeting of the Liberal-Conservative working group on EI reform was yesterday, and Ignatieff blamed Prime Minister Stephen Harper's government for dragging its feet getting to the negotiating table.

"We note that the government has taken five weeks to get its act together

on this. We were ready to go at the end of June with this committee," Ignatieff said.

"We're now meeting only today. I don't know why they've taken so long to get going. It's a sign."

Ryan Sparrow, a spokesperson for Human Resources Minister Diane Finley, who sits on the working group, said, "Approaches for a meeting initially were made following the end of the (House of Commons) HOC session in June. There have been scheduling concessions on both sides. We hope that administrative differences will not get in the way."

TORSTAR NEWS SERVICE

Firm making additive to produce more vaccine

SWINE FLU A chemical additive that will stretch the supply of the vaccine for influenza A (H1N1), also known as swine flu, is not why Canada is behind other countries on clinical trials, the federal public health agency said yesterday.

GlaxoSmithKline Inc. has a contract with the federal government to produce enough vaccine to give every Canadian a shot in the arm in the event of a pandemic, like the current outbreak of swine flu.

The pharmaceutical company has begun production on a swine flu vaccine that contains a chemical additive called an adjuvant that

will allow the pharmaceutical giant to produce more vaccine with less seed stock.

The adjuvant will help make up for problems drug manufacturers have had with the strain producing a much lower yield of vaccine than what they usually get for the seasonal flu.

Two clinical trials began in Australia this week and the U.S. is set to begin its studies by early August but the Public Health Agency of Canada has said it hopes to have the vaccine ready for trials by late September or early October.

There are currently no adjuvant vaccines in Canada. **TORSTAR NEWS SERVICE**

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6 canada

New Brunswick man found guilty in 'O Canada' trial
A New Brunswick man was found guilty of threatening a principal after a school quit playing O Canada, CBC News Online reports. **METRO NEWS SERVICES**

Iranians plan rally at Queen's Park

IranCrisis

Shaahed Eyni says he saw first-hand Iranian police beating up and tear-gassing protesters in the streets of Tehran, but the freelance journalist dared not write about it, fearing he would be jailed.

But Saturday, the Toronto man and thousands of Iranian Canadians will demonstrate the democratic rights their countrymen back home are deprived of — by gathering at Queen's Park in Toronto for a rally and staging a 24-hour hunger strike for solidarity with the political prisoners arrested in Iran since the June 12 election.

"Those who wrote about what they saw were put in jail or just disappeared," said Eyni, who returned to Canada two weeks ago.

"We need to voice for the voiceless and continue to put pressure on Iran for change."

The event is timed with the inauguration of presi-

dent-elect Mahmoud Ahmadinejad, declared the winner by Iran's supreme leader Ayatollah Ali Khamenei, despite an anticipated victory of opposition leader Hossein Mousavi. It triggered widespread protests in Iran over the legitimacy of the election results and culminated in a violent crackdown on civilian demonstrators.

The disregard of voters' will, said Toronto solidarity organizer Lily Pourzand, has prompted Iranian diasporas around the globe to organize marches and hunger strikes in more than 50 cities from Europe to North America.

"We want to send a clear message to the regime that we are standing closely with the Iranian people for human rights and democracy," said Pourzand.

Political ride

- More than 20 cyclists will leave Toronto Saturday morning for a 450-kilometre bike ride to the Iranian Embassy in Ottawa to deliver a petition by Amnesty International demanding the Islamic republic immediately release the prisoners and respect people's rights of assembly and free expression.

Her journalist father, Siamak, was a political prisoner in Tehran for four years.

"His only crime was he's a journalist," she said.

Fouad Oveisy, of Multiple Voices for Change in Iran, expects more than 200 people to join the hunger strike at Queen's Park.

Right now, people are most concerned about what's happening with those arrested and disappeared during the crackdown, he said.

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Farmers in an eastern Indian state have asked their unmarried daughters to plow parched fields naked in a bid to embarrass the weather gods to bring some badly needed monsoon rain, officials said on Thursday. **REUTERS**

World



Netanyahu says he seeks peace

Israeli Prime Minister Benjamin Netanyahu said on Thursday he hoped to forge peace with the Palestinians and welcomed Arab overtures as a possible starting point, but offered no details on how it could be done. The right-wing leader's comments came shortly before U.S. President Barack Obama's peace envoy, George Mitchell, visits the region for a new push to resume negotiations, stalled for months over controversy about settlement building.

REUTERS

Obama stirs racial passions in case

U.S. President Barack Obama plunged his presidency into a racial debate and set off a firestorm in one of America's most liberal bastions by siding with a black Harvard scholar who accuses police of racism.

Saying he was unaware of "all the facts" but that police in Cambridge, Mass., "acted stupidly" in their arrest of Henry Louis Gates, Obama whipped up emotions on both sides of the issue during his news conference Wednesday.

Police say Gates was arrested last Thursday for disorderly conduct, accusing him of being uncooperative, refusing to initially provide identification and "exhibiting loud and tumultuous behaviour" by repeatedly shouting at police in front of people gathered on the street in front of his house. **REUTERS**

Mayors, rabbis arrested

New Jersey probe includes alleged human organ sales

Dozens of New Jersey politicians, officials and prominent rabbis were arrested Thursday in a sweeping federal probe that uncovered political corruption, human organ sales and money laundering from New York to Israel, officials said.

The 10-year investigation, dubbed "Operation Bid Rig," exposed influence-peddling and bribe-taking among a network of public officials and a separate multimillion-dollar money-laundering ring that funnelled funds through charities operated by local rabbis, said the U.S. attorney's office in Newark.

The cast of the 44 arrested featured Hoboken, N.J., Mayor Peter Cammarano, who took office three

Wide sweep

• Others accused in the corruption probe included two more mayors, state assemblymen, a deputy mayor and city council members.

weeks ago in the industrial city visible across the Hudson River from New York.

"New Jersey's corruption problem is one of the worst, if not the worst, in the nation," said Ed Kahrer, assistant special agent in charge of the FBI in New Jersey, who has worked on the investigation since it began in July 1999.

"It has become ingrained in New Jersey's political culture," he said, calling corruption "a cancer."

In scenes that could have been lifted from the hit TV series *The Sopranos*, they met in diners, parking lots, even bathrooms, officials said.

"The politicians willingly put themselves up for sale," said acting U.S. attorney Ralph Marra.

The probe also uncovered Levy Izhak Rosenbaum of Brooklyn, who is accused of conspiring to broker the sale of a human kidney for a transplant. According to the complaint, Rosenbaum said he had been brokering sale of kidneys for 10 years.

"His business was to entice vulnerable people to give up a kidney for \$10,000 which he would turn around and sell for \$160,000," said Marra.

REUTERS

Wendy and Chris **Plus 15**



Hannah Jeub, 6, hangs over the seat as her family loads into their 15-passenger van in Monument, Colo. Quiverfull believers Wendy and Chris Jeub have 15 children and would be happy to have more if God wills it, they say.

News in brief

BIN LADEN One of Osama bin Laden's sons was probably killed by a U.S. missile strike in Pakistan earlier this year, National Public Radio reported, citing U.S. intelligence sources. A U.S. counterterrorism official

said Thursday that Sa'ad bin Laden may be dead, "but it's not 100 per cent certain."

COUP Honduras will not yield to pressure for the return to power of President Manuel Zelaya, officials said Thursday. **REUTERS**

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Tajikistan drafts language ban

Tajikistan has drafted a new law banning the use of minority languages in advertisements, business papers and government documents. **REUTERS**

world 9

Mice grown from cells

Chinese researchers have managed to create powerful stem cells from mouse skin and used these to generate fertile live mouse pups.

They used induced pluripotent skin cells, or iPS cells — cells that have been reprogrammed to look and act like embryonic

stem cells. Embryonic stem cells, taken from days-old embryos, have the power to morph into any cell type and, in mice, can be implanted into a mother's womb to create living mouse pups.

Their experiment, published in *Nature*, means that it is theoretically possible

to clone someone using ordinary connective tissue cells found on the person's skin, but the experts were quick to distance themselves from such controversy.

Stem cells are the body's master cells, giving rise to all the tissues, organs and blood. **REUTERS**

Sunken Roman ships located

SONAR A team of archeologists using sonar technology to scan the seabed have discovered a "graveyard" of five pristine ancient Roman shipwrecks off the small Italian island of Ventotene.

The trading vessels, dating from the first century BC to the fifth century AD, lie more than 100 metres underwater and are amongst the deepest wrecks discovered in the Mediterranean in recent years, the researchers said on Thursday.

Due to their depth, the ships have lain untouched for hundreds of years.

REUTERS

India Tide is high



People get drenched by a large wave during high tide at Mumbai's seafront Thursday. Some of the highest tides of the season, with waves reaching five metres, will be experienced in Mumbai, the meteorological department said

ANNO DATTA/REUTERS

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Comment

Remembering 'just another junkie'

FourthWave



metronews.ca/fourthwave

Sarah Jean de Vries. It's not a name I knew before seeing filmmaker Janis Cole's video installation, *Remember Their Names*, at a Toronto gallery, but I'd now be hard-

pressed to forget it.

Her missing poster, case No. 98-88486, reads like this: Known prostitute and drug user; black, white, Aboriginal, Mexican Native heritage; age 28; last seen at Princess and Hastings streets on April 14, 1998.

She is one of 27 dead women Robert Pickton faces murder charges for; one of 68 women, Indians, junkies and whores, missing from Vancouver's Downtown Eastside.

Not a week into her disappearance, friends and

family posted and pushed police to act — not just for Sarah, but for dozens who had disappeared since the 1980s.

That inaction is Cole's constant theme. A screen flashes quotes from police: "We've done as much as we could." "We're in no way saying there is a serial killer ... (or) the women are dead."

The installation loops footage of Sarah shooting up. "There's three ways you can go: Jail; dead; or end up a lifer down here," she says.

FocusOn FirstNations

In a 1999 Seattle Times article, Sereena Abotsway echoed Sarah's despair, saying she feared for her safety. She joined community marches to call for police action as women disappeared. Two years later, she, too, went missing, one of six women Pickton was convicted of killing in 2007.

This is Canada's collective shame, ignoring

women like Sarah and Sereena, who felt fear and vulnerability with urgency, who asked for (and gave) help, but received none.

It's a tired cry for a static situation: Why has nothing been done? Since 1969, 18 women have disappeared or been murdered on Highway 16, the Highway of Tears, in northern B.C. Last fall, best friends Maisy Odjick and Shannon Alexander disappeared from the Kitigan Zibi reserve north of Ottawa without even their wallets, but

for months police maintained the teens had simply run away.

"No one cares, we are just junkie scum. Yet if we had been somebody important and our daughter had gone missing," Sarah wrote, presciently, before her disappearance, "no stone unturned, no rock or cranny would be left unsearched."

Canice Leung is a former editor of Ryerson University feminist magazine *McClung's*, copy editor at Metro, ardent feminist and loudmouth.

Views

Making Bytown a bike-friendly burg

UrbanCompass



metronews.ca/collins

The awful news that five bicyclists had been seriously injured in a hit and run made front pages all over Ottawa this week.

This isn't supposed to happen in our bike-friendly burg. We are, after all, a two-wheeled city from way back. The Ottawa Bicycle Club was founded in 1882. The first

car didn't arrive until 1899.

According to the 2006 census, 2.19 per cent of people in Ottawa get to work by bike. This is far short of cycling havens like Amsterdam, where 30 to 40 per cent of commuters are pedal-powered, but about as good as it gets in North America. In Toronto, it's one per cent.

Bikes aren't just for affluent obsessives in Lycra. All sorts of people use them.

Those "one less car" bumper stickers you see on some bikes can come off a wee bit sanctimonious, but my eye-rolling is mixed with sincere appreciation.

Bikes and bike paths are

political winners here. The city of Ottawa counts more than 310 kilometres of bike routes and 610 kilometres of roadways with bike lanes or paved shoulders, and last year's Ottawa Cycling Plan proposes to double this by 2025, in hopes of tripling the number of bike trips and significantly reducing accidents.

Local activists agitate for more and safer places to ride here.

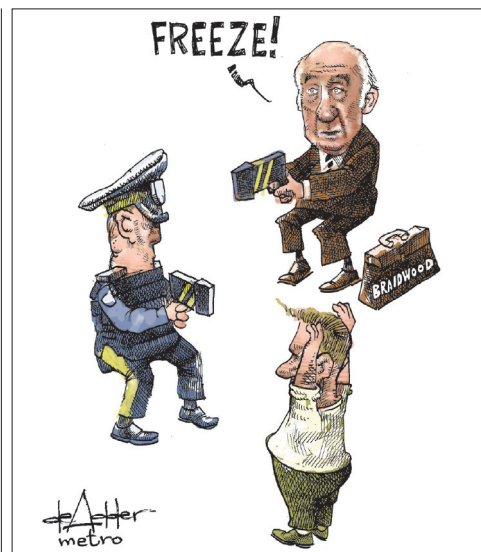
Bike friendliness, however, must cut both ways. Just as cyclists must constantly guard against inattentive or aggressive motorists, bikers and walkers often battle

over rights-of-way on Ottawa's paths.

For pedestrians, some cyclists can rival the cluelessness of the most self-absorbed SUV-driving caricature, terrorizing them on sidewalks, zipping through red lights, speeding the wrong way on one-way streets.

Biking Toronto's slogan, "A citizen on a \$20 bicycle is as important as one in a \$20,000 car," makes a fine point. But don't forget the citizen in the \$2 flip-flops, eh?

Steve Collins lives, writes and walks in Ottawa; ottawaleaders@metronews.ca.



Tell us your views by email to ottawaleaders@metronews.ca or comment on metronews.ca or on Twitter @metroottawa

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Caisse de Depot et Placement du Quebec names new official
Caisse de Depot et Placement du Quebec, one of Canada's biggest pension fund managers, said on Thursday it had hired a new chief investment officer. The Caisse, which managed \$120.1 billion in assets at the end of last year, said it appointed Roland Lescure to the posts of executive vice-president and chief investment officer. **REUTERS**

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Recession over: BoC chief

The Bank of Canada declared Canada's recession to be virtually over on Thursday and raced ahead of a cautious central banker pack with a mostly upbeat view on the world economy.

The worst-case scenario of global financial disaster has been "taken off the table," governor Mark Carney said after the central bank released a surprisingly rosy quarterly outlook.

Carney predicted a turnaround in Canada's economy this quarter, an earlier-than-expected recovery

from the worst recession since the 1990s.

But he warned of a long, drawn-out healing process with continued job losses. The bank stands ready to take further action to stimulate the economy, especially if a stronger dollar threatens to choke growth, he said.

"We're on track for the recovery, both in Canada and globally ... But it's early days. I mean, it's a long road," Carney told reporters.

Carney said the bank must stick to its condition-

Other banks less optimistic

• U.S. Federal Reserve chairman Ben Bernanke expressed worries on Tuesday that high unemployment could undercut the U.S. recovery.

• The Bank of England may decide next month to pause its asset purchase program if it feels it has done enough to support the economy.

al pledge to keep its benchmark interest rate at a floor of 0.25 per cent through June 2010 provided inflation does not threaten to flare greatly.

The Bank of Canada has been reluctant to resort to unconventional policies, like printing money. But

Carney said it was too soon to rule that out, and he would not be afraid to use those unorthodox tools if the Canadian dollar appreciates sharply. Bank policy allows it to intervene in the currency market if extreme volatility threatens long-term growth. **REUTERS**

McDonald's shares slide after modest rise in sales

FOOD McDonald's Corp. reported lower-than-expected June same-store sales Thursday and its shares fell 4.9 per cent after the top-performing restaurant chain only matched Wall Street's profit view.

"The problem is that good isn't good enough for these guys," said RBC Capital Markets analyst Larry Miller, who said as shares approach \$60 US, the company needs to show growth catalysts to lift its stock.

As part of its second-quarter results, McDonald's reported June sales at established restaurants rose 1.8 per cent in

the U.S., 4.7 per cent in Europe and 0.3 per cent in the region that includes Asia and the Pacific, the Middle East and Africa.

That was a 2.6 per cent rise for established restaurants across all regions in June when analysts were expecting a 4.8 per cent rise, according to RBC Capital Markets.

McDonald's — one of the few large restaurant chains still reporting same-store gains — said it is confident in its outlook for the year and it expects July sales in stores open at least 13 months to be similar to, or better, than June's. **REUTERS**



Business in brief

ENERGY EnCana Corp., Canada's biggest energy company, said Thursday its second-quarter profit fell 80 per cent as oil and gas prices sank, but operating results beat expectations

on a strong showing from its oilsands division. EnCana shares jumped \$1.28, or two per cent, to \$58.93. They are up about 3.5 per cent so far this year.

AUTO Ford Motor Co. posted a \$2.3 billion US quarterly net profit, mainly due to gains from a \$10 billion US debt reduction plan, and said it was on track to at least break even

in 2011, sending its shares up as much as 9.7 per cent. Ford's operating loss narrowed from a year ago and was better than analysts had expected, despite poor global markets. **REUTERS**

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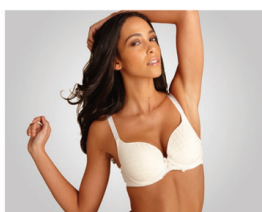


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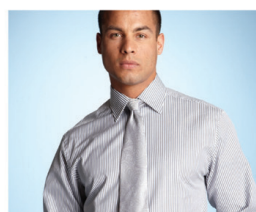
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LeBron James struggled with sudden fame after appearing on Sports Illustrated's cover as a 17-year-old and admits he smoked marijuana during his junior year in high school. Those are two of the revelations in *Shooting Stars*, a book chronicling James' rise from Ohio hoops prodigy to NBA superstar. **METRO NEWS SERVICES**

Sports

EDITOR: CHRIS.CLEMENTS@METRONWS.CA



Buehrle achieves perfection

Mark Buehrle, left, pitched the first perfect game in the major leagues in five years, leading the Chicago White Sox over the Tampa Bay Rays 5-0 on Thursday. Buehrle (11-3) got a great catch from centre fielder DeWayne Wise leading off the ninth inning to save the bid when he robbed Gabe Kapler of a home run. U.S. President Barack Obama, a White Sox fan, later called Buehrle to congratulate him. **METRO NEWS SERVICES**



Mike Weir prepares to putt on 18th green at Glen Abbey, Thursday.

Open off to rainy start

There's course management and managing the mental aspects of golf, but a whole other task was thrown at the contestants in the RBC Canadian Open on Thursday: Time management.

A marathon of golf, including a 7½-hour rain delay, turned a routine round into a 13-hour grind with plenty of time to sit around and contemplate life.

"You find a good chair and just sit back," said Retief Goosen, whose 7-under 65 at the Glen Abbey Golf Club in Oakville put him two shots in arrears of leader Kevin Na with the first round of the \$5.1 million US event not finished.

Na birdied his last five

holes in a row to finish off a nifty front-side 28 as part of his 9-under 63 over the water-logged Abbey layout. He had played one hole and hit his tee shot on his second Thursday morning before the rains hit.

Goosen, Scott Verplank and Joe Durant — whose day included a hole-in-one at the 156-yard, par-3 seventh — are finished tied for second. Mike Weir, who had it as low as 4 under at one stage, stumbled home to a 71 and ended the day tied for 37th.

There were 52 players who began their first rounds in the morning rain and then had to sit around for an eternity waiting to get back on the course. **TORSTAR NEWS SERVICE**

Sports in brief

NHL The Ottawa Senators named Brad Lauer assistant coach on Thursday. Former assistant Luke Richardson will remain in the organization as a part-time coach.

GOLF Four days after his play-off loss to Stewart Cink at Turnberry, Tom Watson

shot a 3-under 67 on Thursday as he seeks his fourth Senior British Open title. The 59-year-old was tied for sixth place, three shots behind leader Fred Funk. Funk birdied the final two holes for a 6-under 64.

METRO NEWS SERVICES



Alberto Contador cycles by the shore of the Anney lake during the individual time trial in the 18th stage of the 96th Tour de France cycling race in Anney on Thursday.

Contador widens lead as Tour nears its end

TOUR DE FRANCE Overall leader Alberto Contador took a giant step towards his second Tour de France victory when he humbled the time trial specialists over 40.5 km to take the 18th stage around the lake of Anney on Thursday.

The Spaniard, who outshone Olympic champion Fabian Cancellara by three seconds, now leads his nearest rival for final victory, Luxembourg's Andy Schleck, by four minutes and 11 seconds, a comfortable gap three days before the finish in Paris.

Contador won in 48 minutes and 30 seconds, taking his second stage in this Tour after the mountain ride to Verbier in Switzerland last Sunday.

Lance Armstrong made it back on the overall podium, 5:25 behind his Astana teammate, ousting Andy Schleck's brother Frank from third place.

Yet the seven times champion was relatively disappointing in what used to be his favourite discipline, finishing 16th,

"I heard that Lance was launching a new outfit but I just want to concentrate on finishing the Tour."

Alberto Contador

1:30 behind Contador.

American Armstrong announced as the stage was finishing that he would start a new team next season sponsored by electronics wholesalers RadioShack.

"I heard that Lance was launching a new outfit but I just want to concentrate on finishing the Tour," Contador told reporters. "I will think about my own future afterwards."

Contador's performance was all the more impressive as most of the Tour favourites, who started after Cancellara and third-placed Russian Mikhail Ignatiev, faced a headwind in the finale.

REUTERS

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Roethlisberger denies assault on woman

ALLEGATIONS Pittsburgh Steelers quarterback Ben Roethlisberger made his first public comments after being accused of sexual assault in Nevada and vehemently denied the allegations.

A civil lawsuit was filed last week in Nevada by an employee of a Lake Tahoe hotel. No criminal charges have been filed.

"I did not sexually assault (the woman)," said Roethlisberger. **METRO NEWS SERVICES**

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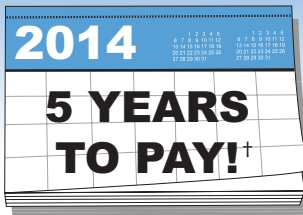
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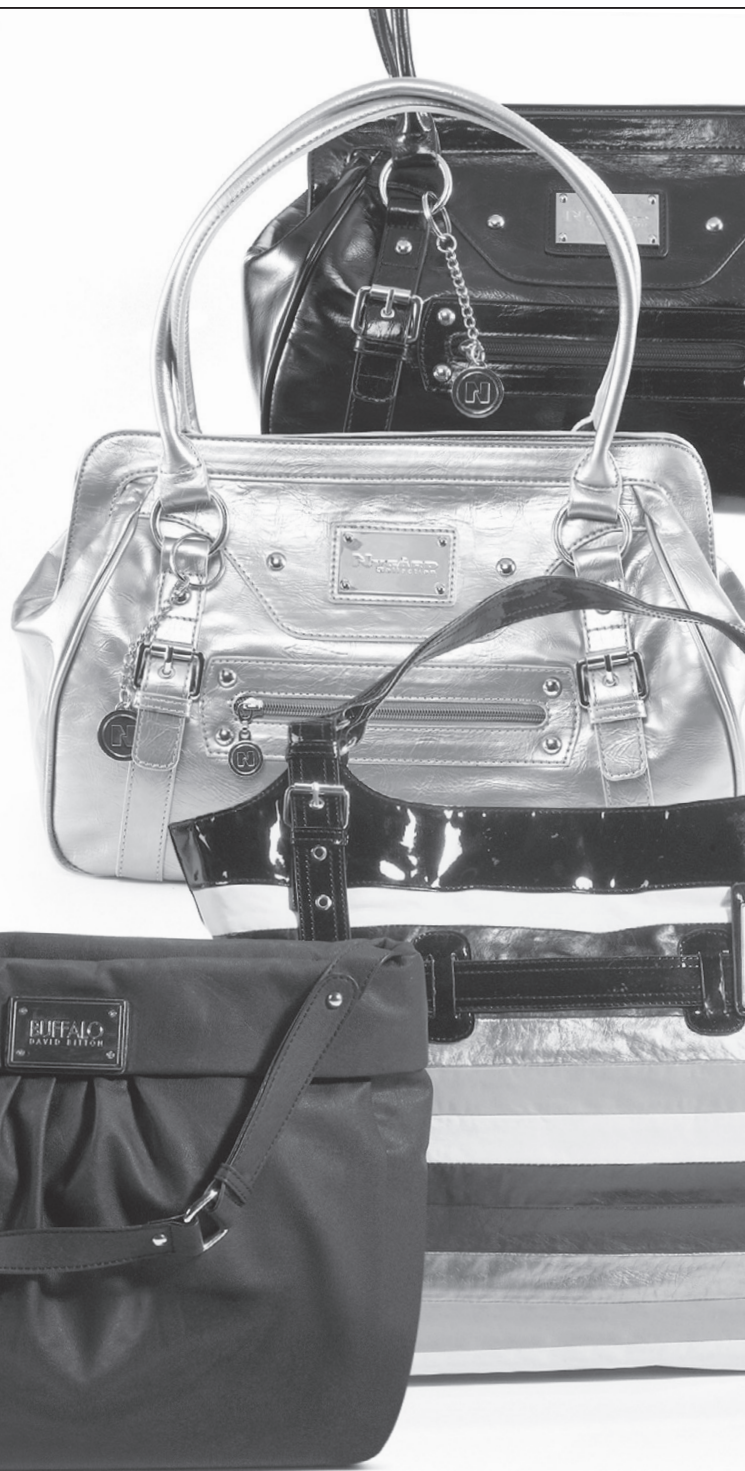
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16 sports

British sprinters are lazy: Powell

British sprinters are success starved because they are lazy, says former 100-metre world record holder Asafa Powell. The 26-year-old, who races against Usain Bolt in the London Grand Prix Friday, believes Jamaicans have more desire to win. **METRO NEWS SERVICES**

Despatie digs deep

Field of Play

Scott Russell

metronews.ca/fieldofplay



Alexandre Despatie receives the bronze medal in the Men's 3-metre Springboard during the 13th FINA World Championships at Stadio del Nuoto on Thursday in Rome, Italy.

"He's the most prolific diver ever in Canada, bar none."

Penny Joyce,
Diving Canada

up slightly short. He was forced to settle for third place and the eighth medal of his illustrious world championship career to go along with two silver medals in Olympic competition.

"I guess I'm on the podium," he shrugged. "But the London Olympics are very far away, so I won't take too much from the result today."

It's been a difficult couple of years for Despatie. He fought back from a broken bone in his foot to win a dramatic silver medal in Beijing last summer. This competitive year has been a near washout because of his struggle with an aching back. Still, he sets his jaw and loves to compete in pressure-filled situations and that's been his trade-

mark since winning a Commonwealth Games title in 1998 in Malaysia as a tiny 13-year-old.

"He's the most prolific diver ever in Canada, bar none," said Penny Joyce, the head of Diving Canada. "He feels like he's a veteran now, but he's got a lot left in him ... trust me."

At 24, Despatie has been at or near the top of his game for more than a decade now and suddenly he's the senior diver on the team. He's led the way for a long time and he's bound to keep paving the way in the future. This time he was forced to settle.

"I got a bronze medal, so I guess I can't be mad about that," Despatie shrugged. But he clearly was angry and that's probably a good sign.

Alex Despatie will likely resurface as the monarch of the diving world someday soon.

Scott Russell is the host of CBC Sports Weekend seen Saturday afternoons. He has covered professional and amateur sports including nine Olympic games and numerous world championships.

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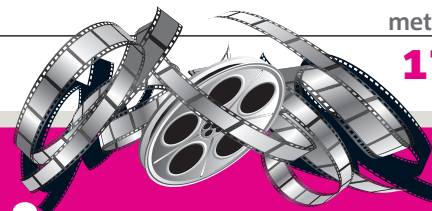
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Movies & Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Movies

Summer love

Pg 18



Zoey Deschanel admits she was particularly drawn to her role in (500) Days of Summer, as the title character, because of its more contemporary take on love and relationships. "So what keeps people together?" she asks. "That's the question."

Movies

Pg 18



Orphan's star will spook you silly — yes, she's that good.

Music

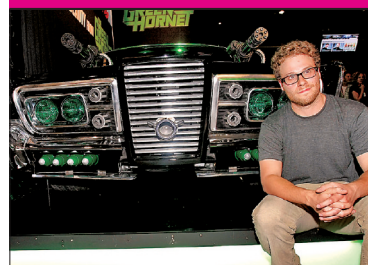
Pg 22



Our Lady Peace rebounds, this time as an indie band.

Entertainment

Pg 24



Comic Con reveals new goodies at "Nerd Prom."

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Movies

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Summer of love

Zooey Deschanel plays heartbreaker in indie flick

NED EHRBAR
Metro World News



Zooey Deschanel has been getting as much acclaim for her music — with producer M. Ward in the group She & Him — as she has for her acting.

So it's no wonder that with a voice like hers, filmmakers often try to work some singing into her roles. Only, Deschanel wishes they wouldn't.

"I try to avoid it, actually. Not avoid it, but I'm kind of skeptical of it," she says of breaking into song on-screen. "It's happened to me a lot where they say, 'We have to figure out an opportunity for you to sing! You really don't,'" she deadpans.

The actress does break into song in her latest film, (500) Days of Summer, but this time it's totally OK, she

Movie feature

insists: "It was just karaoke." (She also contributes to the film's soundtrack.)

In the film, Deschanel and co-star Joseph Gordon-Levitt bond over some after-work singing, and as luck would have it the two actors, who've been friends for 10 years, had some personal experiences to draw upon.

"Joe got kicked out of karaoke once," Deschanel remembers. "He wasn't drunk or anything. He just got so into the song that he started pulling down the curtains, and the karaoke guy was like, 'I'm sorry, sir. You have to go.'" The song, it turns out, was the Black Crowes version of Hard to Handle. "The stage was just too small for him," she says. "It wasn't his fault."

Deschanel plays the titu-



Joseph Gordon-Levitt and Zooey Deschanel star in (500) Days of Summer.

lar Summer in the film, an out-of-order retelling of a romance from the perspective of the guy (Gordon-Levitt). Summer is presented as the perfect woman, a sly beauty who's left a trail of destruction and broken hearts in her path. Being considered for such a role is big ego boost, Deschanel admits.

"I was very flattered. But if they had picked just one of those girls that everyone normally thinks is beautiful, I don't think that would've worked. Because this is partially romanticizing a little bit of quirkiness." (Gordon-Levitt is quick to point out that Deschanel is very beautiful,

On the web

- For movie trailers, photos and screen times — or to buy tickets — visit metronews.ca/movies.

by the way.)

Deschanel was particularly drawn to the film because of it has a more contemporary take on love and relationships than what's normally seen on screen, especially with its lovelorn male lead.

"I don't think it has anything to do with gender," she says of relationship dynamics. "There are lots of

guys who get heartbroken. And there are lots of girls who are cynical about it.

"There's no practicality about love. Love is not marriage," she explains. "It's not the same thing as in generations prior, where you get married because you have to start a family and you have to support yourself and those are the rules. That doesn't as much apply anymore. So what keeps people together? That's the question."

And what about the 500 days? Relationships end, after all. "Just because something doesn't last doesn't mean it doesn't have value," she insists.

G-Force usual kids' fare

G-Force

Director: Hoyt Yeatman
Stars: Sam Rockwell, Tracy Morgan, Penelope Cruz
Classification: PG
Rating: ●●

DOROTHY ROBINSON
Metro World News



REVIEW If the thought "You know what I could really use to entertain me? A Jerry Bruckheimer flick about guinea pigs who are secretly government spies," has never crossed your mind, then you could probably skip G-Force.

But in all honesty, you could do worse than the Disney kiddie flick, based on the simple fact that the 3-D graphics are so cool. After seeing it, you can die happy knowing that you ducked at a fake rodent who wears an electronic ear gadget that makes him resemble a furry Old Navy employee.

Like, when did you ever, ever think that would happen?

Sadly, the savvy human cast of the film — Zach Galifianakis, Will Arnett, Bill Nighy — probably never thought they would be attempting to act in such a film.

And although the movie isn't too tragically embarrassing, you have to wonder if they're just slightly jealous of Sam Rockwell, Penelope Cruz, Nicolas Cage and Tracy Morgan, who were lucky enough to hide their faces behind their animated rodents.

For G-Force photos, a trailer, and screen times, or to buy tickets, visit metronews.ca/movies.



Isabelle Fuhrman plays the titular role in Orphan.

Orphan

Director: Jaume Collet-Serra
Stars: Vera Farmiga, Peter Sarsgaard
Classification: STC
Rating: ●●●●

NED EHRBAR
Metro World News



REVIEW The latest addition to the canon of creepy kid characters is a doozy: Esther, the titular ward of Or-

phan, is poised, polite, preternaturally talented and dresses like an American Girl doll. And then there's that creepy stare, which sends chills down the spine when it transforms into a glare.

Do not cross Esther. Isabelle Fuhrman, who plays Esther, is terrifyingly good. In fact, she's the best thing about Orphan by far.

Not to give anything away, but the movie doesn't really come alive until Es-

ther starts glaring and people start ending up in the hospital. Until then, it's a long, long bout of set-up and false starts. Vera Farmiga plays a guilt-ridden Connecticut mother of two whose drinking caused the death of her unborn third child. Haunted by nightmares and just generally mopey, she assures her husband (Peter Sarsgaard) that she's ready to try again, this time looking to bring a child into their

home via adoption.

Surrounding the complex portrait of a yuppie marriage disintegrating, there's still a scary movie to get to. Unfortunately, the filmmakers rely on cheap scares and misdirection to get there. But most complaints are easily forgotten when Fuhrman is onscreen. Seriously, she's that good.

For Orphan images, a trailer, screen times, or to buy tickets, visit metronews.ca/movies.

Child actor fiery presence in Orphan

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Bruce Lee trilogy in works

Bruce Lee's family will produce a trilogy about his life. The late martial arts actor will have his life turned into a three-part blockbuster series by loved-ones who want to pay tribute to the star. FEMALEFIRST.CO.UK

Movies

★★★★ A CLASSIC; ★★★★★ EXCELLENT; ★★★ GOOD; ★★ FAIR; ★ POOR

The Hurt Locker

a tight thriller

The Hurt Locker**Director:** Kathryn Bigelow**Stars:** Jeremy Renner**Classification:** STC**Rating:** ★★★★★

STEVE GOW
for Metro Canada



REVIEW If "war is a drug," as states the on-screen quote at the beginning of *The Hurt Locker*, then its main character is clearly an addict.

In the latest movie to ponder the subject of war, *The Hurt Locker* takes a fresh approach to the recent glut of Iraq-themed films (*Stop-Loss*, *Redacted*, etc...) by pointing the camera specifically at troopers assigned to disable stray bombs.

Whereas previous Iraq-based films suffered through audience indifference, this Kathryn Bigelow-helmed thriller wins big by focusing more

on the nail-biting suspense of *Man versus Improvised Explosive Device*.

Don't get me wrong. It's not all about unseen enemies. There is still the added uneasiness of omnipresent locals who purvey the soldiers with suspicious, unknowing eyes. But it is just that apprehension that Bigelow (*Point Break*) captures throughout the film, giving it a thoroughly engaging heftiness.

Jeremy Renner (28 *Weeks Later*) stars as James, the leader of the bomb squad who constantly unnerves his fellow soldiers with his recklessness. Based on journalist Mark Boal's experience while embedded with such a squad, this film works more as a fascinating character study than an action-packed thriller.

Played coyly by its little-known stars, their anxiety is felt through strained performances as well as the film's desolate look.



A scene from the Iraq-themed *The Hurt Locker*.



Gerard Butler and Katherine Heigl get up close and very personal in the romantic comedy *The Ugly Truth*.

As Ugly as they come

The Ugly Truth**Director:** Robert Luketic**Stars:** Katherine Heigl, Gerard Butler**Classification:** STC**Rating:** ★★½

CHRIS ALEXANDER
for Metro Canada



If you're going to call your film *The Ugly Truth* then you better be sure it's a masterpiece because if it's not, every film critic who lays eyes upon it will simply stand back and let the title review itself.

And make no mistake, the skinny on this pedes-

trian rom-com migraine-maker ain't terribly pretty.

Grey's Anatomy sexpot Katherine Heigl stars as Abby, a TV morning show producer who gets her feathers ruffled by Mike, played by Gerard Butler, a knuckle dragging hunk who has been hired on as an on-air love advice columnist.

Mike's claim to fame is that he swears to tell "the ugly truth" about male/female relations; lurid from the hip wisdom with little care placed on who he might offend. But although Abby generally loathes her popular star's sexist ramblings, she decides to take a page out of *Cyrano De Bergerac* and use him to help

her get with her neighbour.

This being the sort of movie it is, guess who she really ends up with...

From tender roles in stuff like the underrated *Dear Frankie*, to the macho action hero antics of *300*, to pseudo-hip fluff like *RocknRolla*, Butler is a seriously strong screen presence and here he proves that he also has a great sense of comic timing.

Watching him spew out cheerfully rude vulgarities, smirking and smoldering is amusing and hints at the go for the throat picture screenwriters Nicole Eastman and Karen McCullah were trying for. The character (and the actor) be-

longs in a better film.

Director Robert Luketic (*Monster In-Law*) never finds the right tone to make any of the faux-screwball shenanigans anything more than an exercise in forced, fast talking (and filthy) foolishness. Even Heigl, so endearing in equally smut-lite comedies like *Knocked Up* can't save it and genuine laughs are few and far between (though an over the top scene featuring Heigl and a pair of electric panties is pretty funny... again, if only it were in a better, braver film).

Raunchy but safe and predictable, *The Ugly Truth* just ends up being unlikable. And *Ugly*. That's the truth.

Brothers Bloom skips formula

The Brothers Bloom**Director:** Rian Johnson**Stars:** Adrien Brody, Rachel Weisz**Classification:** PG**Rating:** ★★★★★

STEVE GOW
for Metro Canada



REVIEW Although his debut film, *Brick*, never blossomed into a blockbuster, filmmaker Rian Johnson has earned big expectations for his follow-up.

That's because the audacious director ably set the

unlikely genre of '50s film noir in a modern high school to create a fascinating slice of fiction. Now, Johnson aims even higher with *The Brothers Bloom*, a worldwide tale of intrigue and slapstick, underpinned in a fantastic magical realism.

Adrien Brody and Mark Ruffalo play the titular pair of lifelong grifters who are hoping to cash in on the perfect con — duping a clumsy, bored heiress named Penelope (Rachel Weisz) into financing a bogus plan to pilfer a rare book from a European museum.

The problem is, Brody's conflicted character (who desperately yearns for an "unwritten life") becomes even more conflicted when he finds himself falling for Penelope.

Like *Brick*, Bloom's greatest strength lies in Johnson's witty, quick-fire dialogue and original characters (while Penelope seems to surface a static exterior, she's secretly mastered martial arts, ping-pong and breakdancing). While this screwball nature to Bloom may appeal to some, others trying to pin down a genre may feel alienated.

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Sam Raimi has signed on to direct Warcraft, a film version of the long-running game series, including insanely popular massively-multiplayer-online-role-playing-game World of Warcraft. EMPIREONLINE.COM

Reel

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The rat pack: Famous and furry

InFocus

Richard Crouse

metronews.ca/infocus

the tune Ben, possibly the only love song to a rat ever released.

Ben, of course, was the theme song to the 1972 movie of the same name. It was the sequel to Willard, the original "revolución de las ratas" flick and was the singer's first No. 1 hit as a solo artist.

Rodents certainly have left their mark on the pop charts and in movie theatres. This weekend G-Force hopes to do for guinea pigs what March of the Penguins did for tuxedo clad furry birds.

G-Force is just the latest in a long line of movies with rodents in featured roles. Who could forget Mr. Gopher, the burrowing terror from Caddyshack? (Did you know the movie's gopher "voice" is made up of the same dolphin sound effects used on Flipper?)

Or Rizzo the Rat, the streetwise New Jersey puppet from The Muppets Take Manhattan and possibly



Michael Jackson topped the charts with Ben, possibly the only love song to a rat ever released.

the only kid's character named for Enrico (Ratso) Rizzo, a character in the X-rated Midnight Cowboy.

Those fuzzy actors, along with Despereaux Tilling, Fievel Mousekewitz and the gang from Once Upon a

Forest have sold loads of tickets, but likely none would have made much of an impression if not for the

pioneering work of the world's most famous rodent, Mickey Mouse. Created in 1928 by Walt Disney and Ub Iwerks Mickey is one of the most recognizable movie stars in the world.

He's an Oscar winner with 175 movies, shorts and videogames on his CV; was the first cartoon character to have a star on the Hollywood Walk of Fame; has been named checked in everything from The Godfather Part 2 to South Park and even had a fatwa issued against him.

Mickey's fame endures, but why? "We felt that the public, and especially the children, like animals that are cute and little," said Walt Disney. "When people laugh at Mickey Mouse, it's because he's so human; and that is the secret of his popularity."

Richard Crouse's Movie Show can be seen every Sunday at 6:30 p.m. on the E! Channel; mrchaos33@hotmail.com.

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WALT DISNEY PICTURES AND JERRY BRUCKHEIMER FILMS PRESENT

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STARTS TODAY For Theatres and Showtimes: Check Local Listings or visit Disney.com/G-Force

Katherine HEIGL

Gerard BUTLER



the ugly truth

COLUMBIA PICTURES PRESENTS IN ASSOCIATION WITH RELATIVITY MEDIA A LAKESHORE ENTERTAINMENT/STEVEN REUTHER PRODUCTION A ROBERT LUNIC FILM "THE UGLY TRUTH" EXECUTIVE PRODUCERS JOHN MICHAEL HIGGINS, NICK SCARCI, PRODUCED BY KEVIN CONNOLLY AND CHERYL HINES, MUSIC BY ARON ZIGMAN, PRODUCTION DESIGNER ANDRE LAMAL, EXECUTIVE PRODUCERS KATHERINE HEIGL, KAREN MACGILLIVRAY, KIRSTEN SMITH, RYAN KARANJAVICH, WRITTEN BY NICOLE EASTMAN AND KAREN MACGILLIVRAY, WRITTEN BY ROBERT LUNIC, DIRECTED BY ROBERT LUNIC, CASTING BY TONY H. YEATMAN, JR., COSTUME DESIGNER DAVID P. JAMES, EDITOR TONY H. YEATMAN, JR., EXECUTIVE PRODUCERS DAVID P. JAMES, PRODUCED BY JERRY BRUCKHEIMER, WRITTEN BY TONY H. YEATMAN, JR., AND DAVID P. JAMES, BASED UPON THE VIDEOGAMES BY TONY H. YEATMAN, JR., Disney.com/G-Force

STARTS TODAY Check Theatre Directory or SonyPicturesReleasing.ca for Locations and Showtimes

Cineplex

Independent

Museum

Empire

AMC

Rainbow Cinemas

This week's new releases are highlighted in pink.

Screen Times

THESE PAGES COVER MOVIE START TIMES FROM FRI., JULY 24 TO THURS., JULY 30. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

OTTAWA

BYTOWNE CINEMA

The Adventures of Priscilla, Queen of the Desert (STC) Mon 8:55 Tue 4:45
Every Little Step (PG) Fri 4:45 Sat 2:45 Sun 4:30

Lemon Tree (Arabic, Hebrew and English w/e.s.t.) (PG) Thu 4:45
Moon (14A) Fri 6:55 Sat 4:55-9:20 Sun 8:55 Mon 4:30 Tue 7 Wed-Thru 9:20

Rudo Y Cursi (Spanish w/e.s.t.) (18A) Fri 9:05 Sat 7:05 Sun 2:15-6:40 Mon 6:40 Tue 9:10 Wed 4:30 Thu 7:05

CANADIAN FILM INSTITUTE

2 Daly Ave., Suite 120, 613-232-6727

No Films Showing Today (STC) Fri Mon-Thru

La Strada (STC) Sun 7

Tuesday Wednesday (STC) Sat 9

Yojimbo (STC) Sat 7

CANADIAN MUSEUM OF NATURE

240 McLeod St., 613-566-4700

Creature Features Volume 2: Army, Ears, Feathers & Scales, Fur & Skin, Headgear (STC) Fri-Thru 9:30-10:30

Power of the Earth: Rare Earth (STC) Fri-Tue 11:30-1:30-3:30 Wed-Thru 6 Fri-Tue 12:30-2:30-4:30 Wed-Thru 7

COLISEUM OTTAWA

3090 Carling Ave., 613-596-9475

Brüno (18A) Fri-Thru 12:40-3:10-5:30-7:50-10:10
G-Force in Disney Digital 3D (STC) No Passes Fri-Thru 11:40-2:10-4:40-7:10-9:40

The Hangover (14A) Fri-Sat 12:50-4:40-7:10-10:05 Sun 12:50-4:40 Mon-Thru 12:50-4:40-7:10-10:05

Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Thru 11:30-12:13-3:30-4:30-6:30-7:10-10:10-10:30

Ice Age: Dawn of the Dinosaurs 3D (PG) Fri-Thru 11:50-2:20-4:50-7:25-9:50

Orphan (14A) No Passes Fri-Thru 12:30-3:50-7:20-10:20
The Proposal (PG) Fri-Thru 1:10-4:10-6:50-9:30

Public Enemies (14A) Fri-Thru 10:15
Transformers: Revenge of the Fallen (PG) Fri-Sat 12:10-3:20-6:40 Sun 12:10-3:20 Mon-Thru 12:10-3:20-6:40

The Ugly Truth (14A) No Passes Fri-Thru 1:20-4:20-7:30-9:55
Up (PG) Fri-Wed 12:20-3:40-7:05-9:35 Thu 3:40-7:05-9:35 Star & Strollers Screening Thu 1

WWE Night of Champions 2009 (STC) Sun 8

EMPIRE 7 CINEMAS

111 Albert St., 3rd Floor

World Exchange Plaza, 613-233-0209

The Brothers Bloom (PG) Fri-Thru 12:50-3:50-6:50-9:40

Brüno (18A) Fri-Thru 1:30-4:20-7:20-9:55

The Hangover (14A) Fri 1:10-4:7-9:45 Sat-Sun 4:7-9:45 Mon-Thru 1:10-4:7-9:45

Harry Potter and the Half-Blood

Prince (PG) No Passes Fri-Thru 1:40-3:8

The Hurt Locker (14A) Fri-Thru 12:40-3:40-6:40-9:35

Opus Arte: Last Night of the Proms (STC) Sat-Sun 11

Public Enemies (14A) Fri-Sun 12:30-3:30-6:30-9:30 Mon 12:30-3:30-9:30 Tue 12:30-3:30-6:30-9:30

The Ugly Truth (14A) Fri-Thru 1:20-4:10-7:10-9:50

MAYFAIR THEATRE

1074 Bank St., 613-730-3403, mayfair-movie.com

Act of God (STC) Wed 9:15 Thu 9:30

The Birds (STC) Sat 4:30 Mon 7

Darkman (14A) Fri 11 Tue 9

Drag Me to Hell (14A) Fri:9:15 Sat 7 Sun 9 Tue 7

Frenzy (STC) Sun 4:30 Mon 9:15

Megaforce (STC) Sat 11

Operation Imani (STC) Thu 7

Persepolis (14A) Wed 7

Pilgrimage (STC) Fri 7 Sat 9 Sun 7

Teenage Mutant Ninja Turtles (STC) Sat 2:30

RAINBOW CINEMAS

St. Laurent Centre, 1200 St. Laurent Blvd., 613-688-0850

Angels & Demons (14A) Fri-Thru 5-8

Land of the Lost (PG) Fri-Sat 10:10-12:20-2:40 Sun-Mon 12:20-2:40 Tue 10:10-12:20-2:40 Wed 12:20-2:40 Thu 10:10-12:20-2:40 Open Captioned Sun-Mon 10:10 Open Captioned Wed 10:10

Monsters vs. Aliens (PG) Fri-Thru 10:40-12:50-3

My Life in Ruins (PG) Fri-Thru 10:30-12:30-7:20

Night at the Museum: Battle of the Smithsonian (PG) Fri-Thru 10:12-10:20-2:30-4:50-7:05

Star Trek (PG) Fri-Thru 10:20-1:15-4:40-9:15

The Taking of Pelham 123 (14A) Fri-Thru 2:50-5:10-9:30

X-Men Origins: Wolverine (PG) Fri-Sat 5:15-7:30-9:40 Sun 7:30-9:40 Mon-Thru 5:15-7:30-9:40

Year One (14A) Fri-Thru 9:25

RIDEAU CENTRE CINEMAS

50 Rideau St., 613-234-3712

G-Force (STC) SDDS Digital Fri-Thru 12:05-2:45-4:55-7:10

Harry Potter and the Half-Blood Prince (PG) Dolby Stereo Digital, No Passes Fri-Thru 11:50-3:15-9:30

Orphan (14A) Dolby Stereo Digital, No Passes Fri-Thru 12:15-3:15-6:45-9:45

SOUTH KEYS

2214 Bank St., 613-736-1115

Brüno (18A) Fri-Thru 10:40-1:50-4:10-7:25-10:15

G-Force (STC) No Passes Fri-Tue 10:11-1:15-3:45-7:30

The Hangover (14A) Fri-Thru 10:50-1:40-4:40-7:20-9:50

Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Tue 10:20-11:30-12:15-2:3-4-6-6:30-8-9-15-10 No Passes Wed-Thru 10:20-11:30-12:15-2-3-4-5:30-6-30-8-9-15-10

I Love You, Beth Cooper (14A) Wed-Thru 6:55-9:40

Ice Age: Dawn of the Dinosaurs (PG) Fri-Thru 10:05-12:40-3:15-6:40-9:05

My Sister's Keeper (PG) Fri-Tue 10:15-1:30-4:30-7:30 Wed-Thru 10:15-1:30-4:30-7:30-9:55

Orphan (14A) No Passes Fri-Tue 10:35-1:25-4:15-7:15-10:05

The Proposal (PG) Fri-Tue 10:30-1:20-4:20-7:05-9:55 Wed-Thru 10:30-1:20-4:20-7:05-10:05

Public Enemies (14A) Fri-Tue 10:10 Wed-Thru 11:50-3:20-6:50-10:10

Transformers: Revenge of the Fallen (PG) Fri-Thru 10:45-2:30-6:15-9:45

The Ugly Truth (14A) No Passes Fri-Tue 10:25-1:30-3:40-6:45-9:20

Up (PG) Wed-Thru 10:35-1:25-4:05

GATINEAU

CANADIAN MUSEUM OF CIVILIZATION

100 rue Laurier, 819-776-7010

Animalopolis (STC) Sat 9:40 Sun 9:40 Sat-Sun 10:20

Merveilles des Mers (STC) Fri 1:7 Sat 1:6 Sun 1: Mon 1:6 Tue 1: Wed 1:9 Thu 1:1

Mummies: Secret des Pharaons (STC) Fri 10:4 Sat-Sun 4 Mon-Tue 4:7 Wed 10:4 Thu 4

Mummies: Secrets of the Pharaohs (STC) Fri 11:3-6 Sat 12:3-7 Sun 12:3-6 Mon 10:12-3:8 Tue 10:12-3:6 Wed 11:3-6 Thu 10:12-3:6

Night at the Museum: Battle of the Smithsonian (G) Sat 8 Sun 7 Thu 8

Under the Sea (STC) Fri 12:2-5 Sat-Sun 11:2-5 Mon 11:2-5 Tue 11:2-5 Wed 12:2-5 Thu 11:2-5

Une nuit au musée: la bataille du Smithsonian (G) Fri 8

CINEMA DES GALERIES D'AYLMER

400 boul. Wilfrid-Lavigne, 819-248-2526

Brüno (18A) Fri-Thru 12:40-3:40-9:20

De père en fils (STC) Fri-Thru 1:30-2:7-9:20

Harry Potter and the Half-Blood Prince (PG) Fri-Thru 12:30-3:30-6:30-9:30

OSS 117: Rio ne répond plus (STC) Fri-Thru 12:50-3:10-6:50-9:20

CINÉ-STARZ

1100 boul. Maloney Ouest, 819-568-8000

Anges et démons (G) Fri-Thru 8:45

J'ai tué ma mère (G) Fri-Thru 12:30-5:0

Là-Haut (G) Fri-Thru 12:14-5:30-5:15-7

Ma vie pour la tienne (G) Fri-Thru 12:30-7:45-9:35

Millénium le film (13+) Fri-Thru 5:10

Monstres contre Aliens (G) Fri-Thru 12:50-30

Terre perdue (G) Fri-Thru 1:35

Une nuit au musée: la bataille du Smithsonian (G) Fri-Thru 1:50-3:40-7:10-9

À vos marques... Party! (G) Fri-Thru 1:55-5:40-7:35-9:30

CINÉ-PARC TEMPLETON DRIVE-IN

1779 boul. Maloney Est, 819-663-0915

De père en fils (G) Fri-Tue

The Hangover (13+) Fri-Tue

Hanté par ses ex (G) Fri-Tue

Harry Potter and the Half-Blood Prince (G) Fri-Tue

GATINEAU 9

120 boul. de l'Hôpital, 819-568-6070

De père en fils (G) Fri-Wed 12:30-1:25-3:05-4:05-6:30-7:10-9:05-9:50 Thu 12:30-1:25-3:05-4:05-7:10-9:05-9:50

Harry Potter et le Prince de sang-mêlé (G) No Passes Fri-Thru 12:1-3:15-4:15-6:15-8-9-30

L'ère de glace: L'aube des dinosaures (G) Fri-Thru 12:45-3:30-6:45-9

Opération G-Force (G) No Passes Fri-Thru 12:15-2:20-4:30-7:30-9:10

OSS 117: Rio ne répond plus (G) Fri-Thru 1:20-3:50-7:15-9:45

Transformers: La revanche (G) Fri-Thru 1:15-4:30-8:15

La vérité toute crue (13+) No Passes Fri-Thru 1:05-3:40-7:25-9:35

STARCITÉ HULL

115 boul. du Plateau, 819-770-1090, cinemafortune.ca

Brüno (16+) No Passes Fri-Thru 1:05-3:25-6:35

De père en fils (G) Fri-Thru 12:40-1:20-3:40-6:30-7:20-8:50-9:55

G-Force (G) No Passes Fri-Thru 12:10-2:45-5:10-9:15

The Hangover (13+) Fri-Thru 7:30-9:50

Harry Potter and the Half-Blood Prince (G) No Passes Fri-Thru 12:15-1:15-2:15-3:45-4:35-5:35-7:05-7:55-8:55-10:25

Harry Potter et le Prince de sang-mêlé (G) No Passes Fri-Thru 12:35-6:55-10:15

Ice Age: Dawn of the Dinosaurs (G) No Passes Fri-Thru 12:20-2:50-5:10

L'ère de glace: L'aube des dinosaures (G) No Passes Fri-Thru 12:30-3:25-4:55-7:15

Opération G-Force 3D (G) No Passes Fri-Thru 12:05-2:30-4:45-7:10

Orphan (13+) No Passes Fri-Thru 12:50-3:30-6:50-9:35

OSS 117: Rio ne répond plus (G) Fri-Thru 12:35-2:55-6:45-9:05

The Proposal (G) Fri-Thru 1:35-6:40-9:20

Public Enemies (13+) Fri-Thru 8:35

Transformers: La revanche (G) Fri-Thru 9:40

Transformers: Revenge of the Fallen (G) Fri-Thru 12:25-3:25-6:55-10:20

The Ugly Truth (13+) No Passes Fri-Thru 12:45-3:05-5:20-7:35-10

BARRHAVEN

BARRHAVEN CINEMAS

131 Riocan Dr., 613-825-2463

G-Force (STC) No Passes Fri-Thru 12:30-4:10-7:10-9:40

Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Wed 11:30-12:3-3:30-6:30-10-10-30 No Passes Thu 12:3-3:30-6:30-7:10-10-30 Star & Strollers Screening, No Passes Thu 1

Ice Age: Dawn of the Dinosaurs (PG) Fri-Thru 1:10-3:50-6:40-9:20

The Proposal (PG) Fri-Thru 1:4-7:20-9:50

Transformers: Revenge of the

Fallen (PG) Fri-Thru 12:20-3:40-6:50-10:10

The Ugly Truth (14A) No Passes Fri-Thru 12:50-4:20-7:30-10:20

GLOUCESTER

SILVERCITY

2385 City Park Dr., 613-688-8800

Brüno (18A) Fri-Tue 12:15-2:50-5:15-7:40-10:10 Wed 12:15-2:50-5:20-7:40-10:10 Thu 12:15-2:50-5:15-7:40-10:10

G-Force (STC) No Passes Fri-Thru 12:20-2:45-5:20-7:45-10:20

G-Force in Disney Digital 3D (STC) No Passes Fri-Thru 11:45-2:10-4:40-7:10-9:40

The Hangover (14A) Fri-Sat 12:10-3:20-6:45-9:30 Sun 12:10-3:20-6:45-9:30 Mon-Tue 12:10-3:20-6:45-9:30

Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Tue 11:30-12:30-3:40-6:30-8-9-10 No Passes Wed 11:30-12:30-3:40-6:30-8-9-10 No Passes Thu 11:30-12:30-3:40-6:30-8-9-10 Star & Strollers No Passes Wed 1

Harry Potter and the Half-Blood Prince: The IMAX Experience (PG) No Passes Wed-Thru 12:30-7:10-10:30

Ice Age: Dawn of the Dinosaurs 3D (PG) Fri-Thru 11:50-2:30-5:05-7:35-10:15

Metropolitan Opera: Eugene Onegin (STC) Sat 12

My Sister's Keeper (PG) Fri 12:40-3:55-7:15-10:05 Sat 7:15-10:05 Sun-Tue 12:40-3:55-7:15-10:05 Wed 12:40-3:55-10:05 Thu 12:40-3:55-7:15-10:05

Orphan (14A) No Passes Fri-Thru 12:05-3:35-7:50-10:50

The Proposal (PG) Fri-Thru 1:10-3:50-7:15-9:55

Public Enemies (14A) Fri-Wed 12:45-4:05-7:20-10:40 Thu 12:45-4:05-1

Music

Our Lady Peace avoids burn out

Rock act's self-produced new record is looser, paired back and more relaxed

BRYAN BORZYKOWSKI
for Metro Canada



"It took us six other records to figure out how we truly wanted to make records." That might sound strange coming from Raine Maida, the singer of Our Lady Peace, one of Canada's most successful rock acts. The band has made plenty of massively popular discs before, so why now does he feel like he's finally figured things out?

"We did it on our own," he says on the phone from Los Angeles. "It's back to the way this band began. It was just the four of us trusting our instincts."

Maida's referring to the fact that he and his cohorts — bassist Duncan Coutts, drummer Jeremy Taggart and guitarist Steve Mazur — are now an indie band, after departing Sony Music

in the last couple years. They produced their new album, *Burn Burn*, on their own, mostly in Maida's L.A. studio, and they're self-releasing their disc. (Though major labels are distributing the album.)

Going the do-it-yourself route was a must for the band — if they didn't break free from their label they would have likely broken up.

"If we didn't do something like this, after what happened on the last record, I don't know if there would have been another record," says Maida.

The Toronto-raised singer explains that the previous disc, *Healthy in Paranoid Times*, took three years to make after the label kept pushing the band to produce singles. The music industry was falling apart, so unlike previous records, where Maida says



Burn Burn, the new album from Our Lady Peace, was released this week.

the band was pretty much free to do what they wanted, this time around Sony wanted to make sure they had a big hit on its hands.

"We've never gone into the studio trying to write a hit," he says. "But all of the sudden it was like we need

an actual hit. We're always striving to make great records, but it got so convoluted with all that other music business BS."

Getting back to basics really has helped the band. Maida sounds rejuvenated, and the record is definitely

an improvement over *Healthy in Paranoid Times*. While the band is still churning out epic rock 'n' roll, the record is looser, paired back and more relaxed.

"We wanted a record we could play live," says Mai-

"We wanted a record we could play live." Raine Maida

da. "You can abuse the studio very easily by getting caught up with the all the tech. You can fix something, add this in — we said from the beginning if it sounds good in a live room then that's going to make the record. We didn't want a bunch of overdubs."

Armed with the new disc and newfound perspective on the music business, Maida sounds certain that Our Lady Peace's brush with a breakup is in the past. Now he's ready to hit the road.

"We feel it's really time to get back to that real connection with fans where it's very visceral," he says. "We're in amazing place right now. In fact, I can't think of a better position to be in."

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SoundCheck

Alan Cross

metronews.ca/soundcheck

This is one of those clip 'n' save sort of columns where you'll want to discreetly tear out this page because you will want to try out these programs.

Lyric Rat (lyricrat.com): Have you ever been in an argument with friends over who does a certain song? Send whatever lyrical fragment you can recall to this free Twitter application (@LyricRat) and it will reply with the title, the artist and a link where you can read more. Great for settling bar bets.

Shazam (itunes.com): When a cheesy retro song from the '80s came on in a bar in Singapore where I was visiting with friends, a debate broke out over the name of the artist. I just whipped out my iPhone, cranked up my free Shazam app and within seconds, I had the answer. Shazam uses your iPhone

mic to "listen" to a song and then compares it to a master database. It's not perfect, but it's close enough to make you reconsider the existence of magic. (By the way, the song was Who's Johnny by El DeBarge.)

Songkick (songkick.com): I once had an idea for a concert wiki where everyone could upload set lists and reviews for every concert ever performed. Turns out that someone had the same (but better) idea. Songkick allows members to add details of any show to a vast, growing database of gigs past. As of this week, the number of catalogued shows is approaching 1.1 million.

Space Oddity Remixer (itunes.com): Bowie's career was going nowhere until the BBC started using Space Oddity in their coverage of the Apollo 11 mission. In commemoration of the 40th anniversary of man on the moon, a new app from iKlax allows iPhone users (or with Garageband on the Mac) to try and improve on the original Major Tom story by remixing it. Think the vocals should be tweaked? The mellotron part was al-



Stumped by that song being played at the local bar? The Shazam app on the iPhone can help you determine the name and artist.

ways too loud for you? Fix it. Lots of fun for \$1.99.

The Tuesday Guide (tuesdayguide.blogspot.com): In Canada, 99 per cent of all new releases come out on Tuesdays. Wouldn't it be great to automatically get a list of the week's new CDs, complete with artwork, mini-reviews and links to buy the downloads? The Toronto-based Tuesday Guide takes care of all the details. You can either visit the website or, as I do, sign up for the weekly newsletter. Indispensable.

The Ongoing History Of New Music can be heard on stations across Canada. Read more at ongoinghistory.com and exploremusic.com

Amazon.ca's top albums

1. Essential Michael Jackson (2CD); 2. Thriller (25th Anniversary Edition), Michael Jackson; 3. Off The Wall, Michael Jackson; 4. Bad, Michael Jackson; 5. Number Ones, Michael Jackson. METRO NEWS SERVICES



Music

Roth's life after college

JASON RICHARDS
for Metro Canada

If there's one thing Asher Roth loves, it's college.

At least, that's the first thing the public came to know about the ginger-haired rap newcomer by way of his debut single, *I Love College*.

The song, which plays like the theme to a modern-day *Animal House*, finds Roth, 23, reminiscing about last night's party; so epic, he wishes he'd video-taped it.

Millions related to the rapper's sentiments on the joy of dollar pizza slices, getting girls naked and drinking Miller Lite. *I Love College* was a hit in North America and the U.K., and Asher had a signature track on his hands.

Despite releasing two singles from his album, *Asleep In The Bread Aisle*, since (*Lark On My Go-Kart* and *Be By Myself* featuring Cee-Lo), the song is still his go-to on the talk-show and tour circuit. In the lobby of the Pantages Hotel in

Toronto, hip-hop's Van Wilder confesses he's getting tired of the number.

"There's so much more going on with me than that song," says the former child education major. "Yes, I went to college for two years, and yes I wrote a song that was more or less a satire of it."

"I know how much more other substance there is on my album though, so yeah I'm a little fed up and anxious to move on to something else, but I know other people will be as well."

"When it's time to focus on something different, I'll be ready."

Originally, *I Love College* sampled Weezer's 1995 hit *Say It Ain't So*. But the band's frontman Rivers Cuomo wouldn't authorize its use, so they had to flip the beat for the commercial release. But Roth has no qualms with Cuomo.

"*Say It Ain't So* was one of those drunken-night, singing-along, karaoke-esque songs in college for us, which is why I used it. The song, though, is really about alcoholism in (Cu-

mo's) family, with his father, and him getting past that. So I completely and utterly respect the fact that he didn't want it to become about drinking and smoking weed."

And despite making his name on a song that celebrates both, he's actually the proponent of a much

healthier lifestyle. These days, you'd be more likely to see Asher at a Yoga party than a toga party.

"My mom teaches yoga, so having that in my life from a young age allows me to see its importance," says the rapper, who incorporates stretching and meditation into his daily routine.



Asher Roth says there's more to his music than the hit single *I Love College*, off his most recent album *Asleep In The Bread Aisle*.

Metro recommends

• Live in Austin 2008, Drive-By Truckers:

The stellar mix of the southern rock act's twangy ballads and raucous classics was recorded live at Austin City Limits.



• Horehound, The Dead Weather:

Jack White's latest supergroup delivers dark and dizzying alt-rock filled with gritty grooves and sinister blues.



METRO NEWS SERVICES

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Joely Richardson has joined the cast of Showtime's drama The Tudors. In a five-episode arc on the show's fourth and final season, Richardson will portray Catherine Parr, the sixth and last wife of Henry VIII (Jonathan Rhys Meyers). REUTERS

Television

Comic Con unveils latest projects

NED EHRBAR
Metro World News

The famed San Diego Comic Con is in full swing this weekend, celebrating its 40th anniversary with four days of panels, parties and sneak peeks at upcoming blockbusters.

What started as a humble meet-up of comic book enthusiasts has grown into the premiere venue for Hollywood to unveil its lat-

est properties to die-hard fans — whether the properties are comic book-related or not.

The biggest buzz this year surrounds James Cameron's upcoming Avatar, a 3-D live action film that's been kept carefully under wraps as the famed director has spent the past five years working on it.

But vying for attention is also the latest film in the Twilight series, New Moon.

The series' predominantly female fan base adds a new element to the usually male-dominated convention, lovingly referred to by insiders as "Nerd Prom."

Hollywood has learned over the last few years to respect and even indulge the Comic Con audience. The San Diego Convention Center will play host to the first glimpse of Iron Man 2, which is fitting since the first Iron Man had its unveiling here as well.

Producer Joel Silver, who runs Silver Pictures and Dark Castle Entertainment and was the producer behind the Lethal Weapon and Matrix franchises, fully appreciates the power of the comic book audience.

"I've been involved with comic book stories for a long time," he says. "We bought Watchmen and V for Vendetta in the late '80s. I lost Watchmen over the years — I wish I hadn't."



Actor Seth Rogen unveils Black Beauty, the featured car from The Green Hornet during Comic-Con 2009 in San Diego.

OT	Vu SC C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
724/03	265 353 2 TVO	Adventures in Architecture	The Best of The Agenda	Heartbeat	Secret Life of the Brain	Best-Of-Agenda				
	211 331 3 GTV	ET Canada Entertainment	The Unit	Mental 'Coda' (N)	NUMB3RS "Jacked"	News				
	209 342 6 CHRO	The Road to Avonlea	Crazy/Beautiful ** (2001, Romance)	Kirsten Dunst	Stargate Atlantis (N)	Comedy Now				
	196 311 7 CTV	Hollywood	Ghost Whisperer	(9:01) Castle (HDTV)	Nikki Payne Fun Time Show	News				
	208 303 8 CBC	Coronation St. Jeopardy! (N)	Air Force	Wild Roses (DVS)	CBC News: The National (N)	The Hour				
	- 360 9 NBC	Wheel-Fortune Jeopardy! (N)	The Chopping Block (N)	Dateline NBC		News				
	- 362 13 CBS	Dr. Phil (HDTV)	Ghost Whisperer	(9:01) Flashpoint	NUMB3RS "Jacked"	Two/Half Men				
	216 395 14 OMN2	Raymond	Omni News: S. Asian Edition	News: Cantonese Edition	Two/Half Men	King				
	214 344 15 CITY	Law & Order: SVU	Mantracker	Departures (HDTV)	Out There	Out There				
	218 345 18 EI	The Insider	Smarter Than a 5th Grader?	O.J. Simpson Interview: THS	20/20 (HDTV) (N)	News/Even				
	- 361 20 ABC	Action News	Surviving Sub. Goode Family	Accord-Jim	20/20 (HDTV) (N)	News				
	- 365 36 FOX	TMZ (N)	Smarter Than a 5th Grader?	Mental 'Coda' (N)	FOX 2 News (N)	News				
	500 500 33 CNN	Lou Dobbs Tonight	Campbell Brown (N)	Larry King Live (N)	Anderson Cooper 360 (HDTV)					
	406 417 27 net	MLB Baseball Baltimore Orioles at Boston Red Sox. From Fenway Park in Boston.			Sportsnet Connected	Sportsnet				
	126 730 28 RDI	24 Heures en 60 minutes	Les Grands reportages	Le Téléjournal (SC)	RDI en direct	Le National				
	400 280 30 TSN	CFL Pregame	CFL Football Toronto Argonauts at Winnipeg Blue Bombers. (HDTV) (Live)			CFL Football				
	554 544 48 TEL	Batman: Brave	Spider-Man	Wolverine	Futurama (9:25) Doctor Strange (2007, Action)	Helboy				
	557 540 51 FAM	Sonny Chance	Wizards-Place	Suite Life	Roxy Hunter and the Secret of the Shaman	Curly Sue *** (1991)				
	551 542 65 YTV	Cheerleader: Hero of Central Park (2006, Comedy)		Justice	Prank Patrol	Prank Patrol				
	615 520 31 A&E	CSI: Miami "Pirated"	CSI: Miami "Bunk"	CSI: Miami (HDTV)	Family Biz	Adrenaline				
	628 584 32 SPKE	UFC Unleashed	UFC Unleashed (HDTV)	Friday the 13th *** (1980, Horror)	Betsy Palmer	Mystery Hnt.				
	616 521 39 SHO	The Outer Limits	BeastMaster	Kenny-Spenney	Trailer Park	Trailer Park				
	520 505 42 DIS	Daily Planet (N)	Canada's Worst Handyman	American Loggers	Sciences of Interrogation	Daily Planet				
	581 566 53 MTV	Play'd	Made "Wakeboarder"	The Real World	True Love	The X Effect				
	522 506 55 HIS	NCIS "Driven" (HDTV)	Jurassic Fight Club	Legends	Ice Road Truckers	Marine Mach.				
	603 561 95 FN	Chef at Home	Fresh-Anna	Thirsty	Diner, Drive-In	Diner, Drive-In				

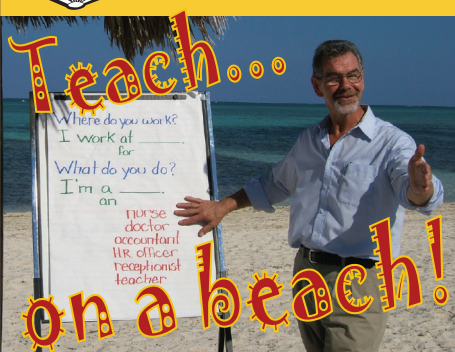
OT	Vu SC C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
725/03	265 353 2 TVO	National Geographic	Days of Wine and Roses *** (1962, Drama)	Interviews	Clean and Sober (1988)					
	211 331 3 GTV	Doc	The Unit "Inquisition"	Doc	News Final (N)					
	209 342 6 CHRO	The Road to Avonlea	The Stork Derby (2002, Docudrama)	(DVS)	Dirty Sexy Money (N)	Arts & Minds				
	196 311 7 CTV	W-FIVE-Manners	Eight Days to Live (2006, Drama) Kelly Rowland. (DVS)	Law & Order: SVU	Intelligence (DVS)	Ararat				
	208 303 8 CBC	The Nature of Things	The Week the Women Went	Pinecrest Diaries	Law & Order: SVU	News				
	- 360 9 NBC	Paid Program	Wheeler-Fortune	Kings (N)	Law & Order: Criminal Intent	CSI: NY				
	- 362 13 CBS	Paid Program	The Insider	The Unit "Inquisition"	48 Hours Mystery	Chinese Rest.				
	216 395 14 OMN2	Chinese Rest.	Trendy Zone	Breeze of July (2007, Drama) Monie Tung, Sammy Leung.	48 Hours Mystery	News				
	214 344 15 CITY	Without a Trace	Murdoch Mysteries (HDTV)	Treedy Murray ** (2001, Drama) David Hewlett.	48 Hours Mystery	News				
	218 345 18 EI	Out There	E News	Rich Poor	Trophy Wife (2006, Suspense) Brooke Burns.	News/Even				
	- 361 20 ABC	Entertainment Tonight	Wipeout (HDTV)	Cops	Castle (HDTV)	Dirty Sexy Money (N)				
	- 365 36 FOX	News	Seinfeld	Cops	America's Most Wanted	FOX2 News at 10:00pm (N)				
	500 500 33 CNN	Newsroom	Black in America "Tomorrow's Leaders"			Newsroom				
	406 417 27 net	MLB Baseball Baltimore Orioles at Boston Red Sox. From Fenway Park in Boston.				PartyPoker.net				
	126 730 28 RDI	Journal	Humint	Découverte (SC)	Le Téléjournal	Les Grands reportages				
	400 280 30 TSN	SportsCentre	NASCAR Racing	Natouville Series -- Kroger 200. (HDTV) (Live)	SportsCentre (HDTV) (Live)					
	554 544 48 TEL	Space Jam ** (1996, Comedy) Michael Jordan.	Zack & Cody	Han. Montana	Futurama	Chicken				
	557 540 51 FAM	Suite Life	Zoe 101	Survive This	Batman Forever ** (1995, Action)	Val Kilmer, Jim Carrey.				
	551 542 65 YTV	Prank Patrol	Prank Patrol	Adrenaline	In Real Life	Prank Patrol				
	615 520 31 A&E	CSI: Miami (HDTV)	CSI: Miami "Broken"	CSI: Miami (HDTV)	CSI: Miami (HDTV)	Prank Patrol				
	628 584 32 SPKE	UFC Unleashed	UFC Unleashed	UFC Unleashed	When Good Pets Go Bad	Attack IV				
	616 521 39 SHO	(6) Lost Behind Bars	Adopted	Adopted	The Descent *** (2005, Horror)					
	520 505 42 DIS	Cash Cab	How It's Made	Destroyed	Time Warp	Deadliest Catch				
	581 566 53 MTV	Cribs	Cribs	After	MTV News	Cribs				
	522 506 55 HIS	Edmund Fitzgerald		Crime Stories	Forrest Gump *** (1994, Drama)	Tom Hanks, Robin Wright.				
	603 561 95 FN	Grill It-Play	Chef Abroad	Ramsay's Kitchen	The Next Food Network Star	Kitchen Nightmares				

OT	Vu SC C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
726/03	265 353 2 TVO	Quest for the Megafish	My New Home	White Girl (N)				The View From Here		
	211 331 3 GTV	King of Hill	American Dad	Big Brother 11 (N)	Family Guy	American Dad	The Simpsons	Family Guy	News	
	209 342 6 CHRO	Funnies Home Videos	Pres. News Conference	America's Got Talent	America's Got Talent	Desperate Housewives	Without a Trace (HDTV)	Without a Trace (HDTV)	Look-A-Like	
	196 311 7 CTV	Corner Gas	Degrassi: TNG	Merlin (HDTV) (N)	Cold Case (HDTV)	Cold Case (HDTV)	CBC News: Sunday Night (N)	CBC News: Sunday Night (N)	News	
	208 303 8 CBC	Heartland (DVS)	The Summit (2008, Suspense) Mia Maestro. (DVS)	Merlin (HDTV) (N)	The Storm (2009, Suspense) Treat Williams.	Merlin (HDTV) (N)	Without a Trace (HDTV)	Without a Trace (HDTV)	Doctor Who	
	- 360 9 NBC	Dateline NBC	60 Minutes (HDTV)	Big Brother 11 (N)	Cold Case (HDTV)	Cold Case (HDTV)	Without a Trace (HDTV)	Without a Trace (HDTV)	CSI: NY	
	- 362 13 CBS	60 Minutes (HDTV)	Najmal Siddiqui: Silencing	Aaram	Airang Korea	Word	Trendy Zone	Gloriously Free	Of Blessings	
	216 395 14 OMN2	Najmal Siddiqui: Silencing	Two/Half Men	Hates Chris	Kings	Royal Pains	Crusoe (HDTV) (DVS)	Crusoe (HDTV) (DVS)	News	
	214 344 15 CITY	Mysteries	Mysteries	Extreme Makeover: Home Edition	"Kadziz Family"	Extreme Makeover: Home Edition	"Kadziz Family"	D. Richards	Kendra	News/Even
	- 361 20 ABC	Funnies Home Videos	Til Death	American Dad	Zoom * (2006, Comedy) Tim Allen, Spencer Breslin.	Zoom * (2006, Comedy) Tim Allen, Spencer Breslin.	Black in America "Today's Pioneers"	Black in America "Today's Pioneers"	Black-Amer.	
	- 365 36 FOX	Til Death	American Dad	Black in America "Today's Pioneers"	Black in America "Today's Pioneers"	Black in America "Today's Pioneers"	Black in America "Today's Pioneers"	Black in America "Today's Pioneers"	Black-Amer.	
	500 500 33 CNN	Newsroom	MLB Baseball Chicago White Sox at Detroit Tigers. From Comerica Park in Detroit.							
	406 417 27 net	MMA Conn	Baseball	Documentaires-Découverte	Le Téléjournal	Voit double				
	126 730 28 RDI	Journal	Montréal vu	World Poker Tour	6TEEN	6TEEN	Futurama	Punch	Life's a Zoo	
	400 280 30 TSN	Boxing	Stoked (N)	Totally Spies	Zack & Cody	Han. Montana	Superman *** (1978, Science Fiction) Christopher Reeve.	Adrenaline	Survive This	Mystery Hnt.
	554 544 48 TEL	Stoked (N)	Totally Spies	Zack & Cody	Han. Montana	Superman *** (1978, Science Fiction) Christopher Reeve.	Adrenaline	Survive This	HammerTime	
	557 540 51 FAM	Suite Life	Zoe 101	Prank Patrol	Prank Patrol	Prank Patrol	Adrenaline	Survive This	HammerTime	
	551 542 65 YTV	(6) Air Buddies (2006)	Simmons	Simmons	Simmons	Simmons	Adrenaline	Survive This	HammerTime	
	615 520 31 A&E	Simmons	Simmons	Simmons	Simmons	Simmons	Adrenaline	Survive This	HammerTime	
	628 584 32 SPKE	Ways to Die	Ways to Die	Ways to Die	Ways to Die	Ways to Die	Ways to Die	Ways to Die	Ways to Die	
	616 521 39 SHO	The Guard (HDTV)	MythBusters	MythBusters	MythBusters	MythBusters	MythBusters	MythBusters	MythBusters	
	520 505 42 DIS	MythBusters	MythBusters	MythBusters	MythBusters	MythBusters	MythBusters	MythBusters	MythBusters	
	581 566 53 MTV	Made "Wakeboarder"	17 Days of Hades	Challenge	I Do-Let's Eat!	I Do-Let's Eat!	Iron Chef America	Dinner: Impossible	Restaurant	
	522 506 55 HIS	17 Days of Hades	Challenge	I Do-Let's Eat!	I Do-Let's Eat!	I Do-Let's Eat!	Iron Chef America	Dinner: Impossible	Restaurant	
	603 561 95 FN	Challenge	I Do-Let's Eat!	I Do-Let's Eat!	I Do-Let's Eat!	I Do-Let's Eat!	Iron Chef America	Dinner: Impossible	Restaurant	

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Lance fighting cancer

As cyclist Lance Armstrong competes in the Tour de France, he's still making huge strides in his fight against cancer — only this time he's teaming up with Gossip Girl writer Jessica Queller in a video telling the story of her mother's battle with cancer. **TVGUIDE.COM**

movies&entertainment **25****Going Out****Metro's 7th Heaven:** Metro taps what's hot right now**1 Hell's Kitchen Season 6**

TV Sixteen fresh aspirants face the culinary devil — celebrity chef Gordon Ramsay — and his forked tongue in a season that promises to be "the most shocking ever." This time the top prize has a Canadian twist. The winner gets to be the head chef of the Araxi restaurant in Whistler, B.C., the home of the 2010 Winter Olympics.

**2 Humpday**

FILM Straight men gone gay? Not quite — but the Sundance Film Festival favourite definitely ups the ante on the bromance. The story revolves around two thirty-something male friends who decide to enter a porn contest by filming themselves making love to each other. Much awkward hilarity and revelations about male bonding ensue.

3 Watchmen

DVD Here's a thought: Instead of filling the coffers of Michael Bay (the man behind the insufferable Transformers sequel and other such monstrosities), why not rent (or buy) this CGI-driven, superhero flick that's not afraid to show its heart and head? Director Zack Snyder's take on the "unfilmable" comic-book classic may not be perfect but the attempt is bold enough to deserve a second look.

**4 'Splosion Man**

VIDEO GAME It's being hailed as the sleeper hit of the gaming world. Available for the Xbox 360 Live Arcade, Twisted Pixel's quirky title about a man who wreaks havoc on evil scientists after breaking loose in a research facility has quietly captured the imagination and hearts of both gamers and critics.

5 Billy Talent III: Billy Talent

ALBUM The Toronto-based screamo rockers knocked out Black Eyed Peas from the No. 1 spot on Canadian charts this week with their third studio effort. It's no fluke either. The foursome accomplished the chart-winning feat in 2006 as well with their second album.

6 Retro swimwear

FASHION You can make a splash without showing a lot of skin — that was the general message at recent Miami Beach fashion shows. Designers displayed many high-waisted and ruffled looks. As for shape, it was all about the bandeau and the monokini (attached bikini) or cutout one-pieces.

**7 The Angel's Game: Carlos Ruiz Zafón**

BOOK The current literary superstar of Spain returns with another novel that's burning up the book charts. But The Angel's Game no straight-up crowd-pleaser. The author of the 12-million-selling The Shadow of the Wind conjures up a rare masterpiece — one that perfectly blends low-brow thrills with true fictional insight.

Mix of Six**Ottawa Turkish Festival**

When: Friday, 2 to 9 p.m., Saturday and Sunday 9 a.m. to 9 p.m.
Where: Confederation Park

Visitors will get an opportunity to celebrate and learn about Turkish culture, heritage and cuisine at this free annual festival, featuring a display of art, folk dance, music and gourmet food.

Ottawa International Chamber Music Festival

When: Begins Friday and runs until August 8
Where: Various locations (check schedule at chamber-fest.com)

Some of the world's finest musicians will gather in Ottawa for two weeks of superb music-making at Chamberfest 2009.

All Aboard!

When: Sunday, 10 a.m. to 5 p.m.
Where: Cumberland Heritage Village Museum

Families can visit the Ottawa Valley Live Steamers

and Model Engineers this Sunday, and see their model trains and steam machines. Kids can enjoy activities and workshops and take a ride on a model train. Admission: \$7/adult, \$5 student, \$18/family. For more information visit ottawa.ca/museums.

Carnivale Lune Bleue

When: Began Thursday and runs until August 30, 5 p.m. to midnight
Where: Hog's Back Park

Inspired by the travelling carnivals from the 1930s, Carnivale Lune Blue is a surreal, bizarre and entertaining escape to another time and place. For tickets and information visit carnivalelunebleue.com.

Antiquefest

When: Saturday and Sunday, 10 a.m. to 5 p.m.
Where: Morrisburg

The 11th annual Antiquefest will feature thousands of antiques and collectibles from over 40 vendors along the shore of the Morrisburg waterfront, on the banks of the St. Lawrence River. Admission \$5 for

both days. Visit morrisburglionsclub.ca for more information.

Dinner theatre

When: Friday, Saturday and Sunday, 6:30 to 9 p.m.
Where: Woodroffe United Church

Suzart Productions presents The Taffetas, a fresh and fun musical revue with popular music from the 1950s. The show focuses on four singing sisters who are making their national television debut. Admission \$40 per person.

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Colleen

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Kelis has welcomed a baby boy. Knight Jones — weighing 7.8 lbs. — was born Tuesday at 9 p.m. in New York City, a rep for the 29-year-old singer tells usmagazine.com, adding both baby and mom are doing “wonderful.” **METRO NEWS SERVICES**

Celebrity Buzz

Mischa out of hospital?

IMPROVING A week after calling police with a health problem and being placed under a psychiatric hold, Mischa Barton is “making improvements” and will get back to work, her rep tells People.

Specific details about the 23-year-old actress’ condition were not available but Barton’s rep says she is “still seeking treatment” and plans to return to work on the CW show *The Beautiful*



METRO NEWS SERVICES

Life, which is scheduled to begin production July 31. Friends have said the former O.C. star is “dealing with personal issues” and has been on “a destructive path” for a while.

According to a source, Barton has now left Cedars-Sinai Medical Center, where last week she was placed under a psychiatric evaluation, known as a 5150 hold.

Sis Rebbie to raise MJ’s kids?

FAMILY MATTERS TMZ.com is reporting multiple sources in the Jackson family as saying that even if Katherine Jackson gets custody of Michael Jackson’s kids, it will be the late singer’s big sister Rebbie Jackson who will raise the children.

The 59-year-old singer, who shares a

home in Las Vegas with her husband of more than 20 years, has kept a low public profile, but privately she has been deeply involved in the lives of Michael’s children.

TMZ reports Rebbie is currently living with



Katherine at the family’s Encino, Calif., home and is caring for the kids day-to-day.

Although the family is divided on many issues involving Jackson’s estate, the gossip website says there’s no argument when it comes to Rebbie caring for the kids — and that whether she eventually becomes the custodial parent in name or not, she will end up with the primary responsibility of raising her brother’s three children.

METRO NEWS SERVICES

E-showdown: CNN v. Larry King

ONLINE BEEF A Twitter fight has broken out between Larry King and his handlers at CNN, TMZ.com reports.

King’s wife Shawn says CNN asked him to stop posting personal details on KingsThings — such as him and Ryan Seacrest arguing over who’s going to pay for dinner.

King has started a personal account, Shawn KingsHubby.

METRO NEWS SERVICES



Pap gets slap from Jude?

SCUFFLE A female photographer claims to have gotten a “real stinger” of a slap from Jude Law outside a London restaurant on Thursday and is considering legal action against the actor, popeater.com reports.

Harsha Gopal was taking pictures of the actor when, Gopal alleges, the star flailed his arms around, striking the woman.

“He hit me full on the

face, it was a real stinger, it was very sore,” she told the Daily Mail. “It was deliberate — you could see it in his face. Maybe he didn’t realize he was hitting a girl, but he could at least apologize.”

Law’s lawyer has responded, calling the claims “nonsense” and disputing Gopal’s assertion that he didn’t say sorry.

METRO NEWS SERVICES



Gosselin love triangle emerges?

HOT COMMODITY A tabloid reporter who has been photographed twice with Jon Gosselin claims to be dating the 32-year-old father of eight, usmagazine.com reports.

“I didn’t mean it to happen, it just did,” Star reporter Kate Major, 26, said Tuesday. “I went to do a story on Jon and ended up falling for him.”

Gosselin and Major were first photographed together Saturday at New York restaurant Accademia di Vino, where an onlooker

told usmagazine.com that Major “was flirting shamelessly with Jon.”

On Tuesday, a source said the two dined in the Hamptons with Lindsay Lohan’s father Michael (who is pals with Major) and *Real Housewives* of New York star Jill Zarin, whom Jon asked “for media advice.”

Gos-

selin has yet to confirm if he and Major are an item.

Hailey Glassman, 22, also has yet to weigh in on Major’s remarks. Last week, Gosselin announced that he and Glassman — the daughter of the surgeon who performed ex Kate’s tummy tuck — were dating.

METRO NEWS SERVICES



Perez signs first act to record label

DIVERSIFICATION Gossip blogger Perez Hilton has announced his first signing to his new music label Perezicious Music: French singer Sliimy, ew.com reports.

“His music will make a lot of people smile,” he said. “It’s good, adult, quirky pop.”

METRO NEWS SERVICES



Lily finds her ‘regular Joe’

NEW FLING Lily Allen is dating a painter-decorator, femalefirst.co.uk reports.

The singer — who has previously dated Chemical Brothers star Ed Simons, record executive Seb Chew and art dealer Jay Jopling — is reportedly romancing house painter Sam Cooper after wanting a boyfriend who was closer to her own age and out of the limelight.

A source said: “Lily is

tired of only ever being involved with well-known men. She wanted to go out with someone her own age who isn’t involved in music or media.

“Sam works hard as a painter and decorator and leads a totally normal life. Lily is completely smitten with him. They have known each other for a while but have only just started dating properly.”

METRO NEWS SERVICES



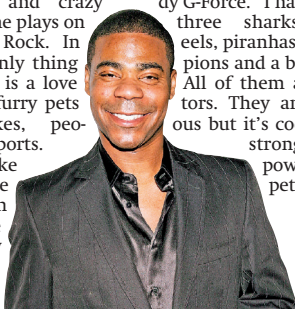
Tracy’s animal house

ANIMAL LOVER Let’s get one thing straight. Tracy Morgan is not Tracy Jordan, the wild and crazy character he plays on NBC’s *30 Rock*. In fact, the only thing they share is a love for not-so-furry pets like snakes, people.com reports.

“It’s like going to the zoo when you come to my house,” Morgan

told People, who voices a guinea pig action hero in Disney’s new action comedy *G-Force*. “I have snakes, three sharks, moray eels, piranhas, five scorpions and a bird spider. All of them are predators. They are dangerous but it’s cool to have strong and powerful pets.”

METRO NEWS SERVICES



Detachable baby bumps?

GREAT IDEA Jennifer Lopez thinks life would be “perfect” if your pregnancy bump was removable, femalefirst.co.uk reports.

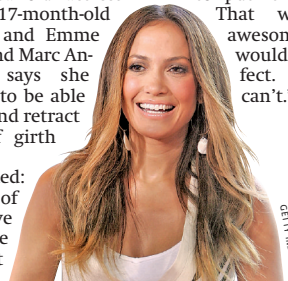
The 39-year-old actress — who has 17-month-old twins Max and Emme with husband Marc Anthony — says she would love to be able to expand and retract her midriff girth at will.

She joked: “A bunch of us who have babies, we’re like, ‘It

would be great when you are pregnant: You could take it off five times during the pregnancy, only for a half hour, then you have to put it back on.’

That would be awesome. It would be perfect. But you can’t.”

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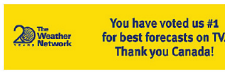
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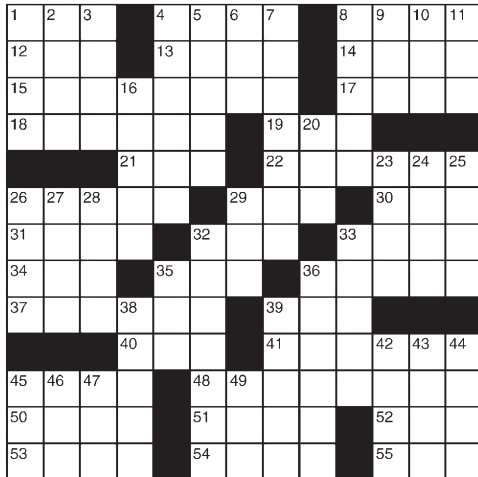
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For more delicious Metro recipes, visit: metronews.ca/food

Take Five



ACROSS

1 Film buff's cable channel
4 One of the king's men
8 Ringlet
12 Story of a life-time?
13 Reverberate
14 Catch a glimpse of
15 Dangerous current
17 Hobbling
18 Heat (Prefix)
19 Rage
21 Football filler
22 Metro
26 Explosion
29 Lawyer's due
30 Raw rock
31 Bush adviser
Karl
32 Round Table address
33 \$10 in quarters, maybe
34 In olden times
35 CONTROL Agent 86
36 Man of morals?
37 Disliking

39 "— Doubtfire"
40 Attach
41 Ancient
45 Last writes?
48 Ailing
50 Treaty
51 Feed-bag contents
52 "Hail!"
53 Deuce beater
54 Picture of health?
55 Legislation

DOWN

1 Touch
2 Ho Chi —
3 "The Da Vinci —"
4 Say it's OK
5 Tony nominee, maybe
6 Personal question
7 Just as smart
8 Star
9 "Born in the —"
10 Spinning abbr.
11 Caustic solution
16 Obliterate
20 Regret
23 Courts
24 Singer Guthrie
25 Kennel sound
26 Actor Pitt
27 Trademark symbol
28 Acknowledge
29 Predicament
32 Backyard play area
33 Tailor anew
35 Chic, to Austin Powers
36 Fleet
38 Stylishly dressed
39 Valletta is its capital
42 October gemstone
43 Stromboli spillage
44 Bob's daytime-TV successor
45 Make up your mind
46 Prohibit
47 Setting for Capades
49 Listener

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



4	1	8	9	7	6	5	3	2
3	7	2	4	1	5	8	6	9
9	5	6	8	3	2	1	4	7
7	9	4	1	8	3	6	2	5
8	2	5	7	6	9	4	1	3
1	6	3	2	5	4	7	9	8
5	8	9	3	4	1	2	7	6
2	4	7	6	9	8	3	5	1
6	3	1	5	2	7	9	8	4



Metro Recipe of the Day



Smoked Trout and Pasta Salad

INGREDIENTS:

1 each red and yellow pepper, seeded and quartered
10 oz (300 g) penne rigati or other pasta shapes
10 oz (300 g) smoked trout fillets
1 orange
1 large avocado
2 green onions, sliced
2 tbsp (25 ml) capers, well drained
1 1/2 cups (375 ml) arugula

DRESSING:

5 tbsp (75 ml) plain low-fat yogurt
2 tbsp (10 ml) lemon juice
1 tsp (5 ml) Dijon mustard
2 tbsp (25 ml) chopped fresh dill
1/2 tsp (2 ml) white sugar
Pepper to taste

METHOD:

1. Preheat broiler. Place peppers on broiler rack, skin-side up, and broil until skins are blistered and blackened. Remove from broiler and place in plastic bag. Seal and set aside to cool.
2. Meanwhile, bring large pot of water to boil and add pasta. Cook according

to package instructions until al dente. Drain, rinse with cold water and drain well again. Transfer pasta to large salad bowl.
3. Flake trout fillets into bite-sized pieces, discarding skin and bones. Cut all skin and pith from orange and cut out segments from between membranes. Halve segments. Halve, pit and peel avocado, then cut into small chunks. Mix dressing ingredients and season with pepper.
4. Peel peppers and cut into strips. Add peppers to pasta together with trout, orange, avocado, green onions and capers. Add dressing and toss gently but thoroughly. Just before serving, toss in arugula.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton

sallybrompton.com

ARIES
MARCH 21-APRIL 20
Life is full of possibilities, now more than ever, and the Sun in Leo urges you to let the artistic side of your nature flourish.



TAURUS
APRIL 21-MAY 21
Strive to keep your feelings under control today, and make sure you look at the events of your life from a logical perspective.



LIBRA
SEPT 23-OCT 23
The Sun in one of the more big-hearted areas of your chart urges you to forget about being number one and do things to help life's also-rans.



SCORPIO
OCT 24-NOV 22
Would you like to change the way you live? Would you like to lead a more meaningful existence? If so, now is the time to do something about it.



GEMINI
MAY 22-JUNE 21
Sometimes you can be too suspicious for your own good but today and over the weekend you will go to the other extreme and trust everyone.



SAGITTARIUS
NOV 23-DEC 21
The Sun in Leo at this time of year encourages you to take the kind of risks others say you should try to avoid. Be brave, be bold.



CANCER
JUNE 22-JULY 22
A money matter or business issue is no longer yours to command, so put it out of your mind and focus instead on other things in your life.



CAPRICORN
DEC 22-JAN 20
You may be stuck in a rut and you may be desperate to get some excitement back in your life, but first do something about your financial situation.



LEO
JULY 23-AUG 23
The Sun in your sign makes this the perfect time to start something new. It does not have to be amazing but it must have the Leo stamp on it.



AQUARIUS
JAN 21-FEB 18
The Sun in Leo at this time of year makes all things possible for those who know how to give and take. On balance you'll come out ahead.



VIRGO
AUG 24-SEPT 22
Make this the day you start to clear out all that emotional junk you have been carrying around like a bag full of guilty secrets.



PISCES
FEB 19-MARCH 20
If there are doubts in the back of your mind your efforts will most likely fall short, and that would be a shame for someone of your intelligence and talent.



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